

© Best Version Media

# Newport Beach

AUGUST 2024

# Living



## Impacting Change Through Philanthropy

*Sue Grant, Gina Jaha,  
Kerry Herbert, Monette Zotovich*

POWERED BY  
**BVM**  
BEST VERSION MEDIA

Cover photo by Nova Media House  
Styling by Neiman Marcus Fashion Island

CALIFORNIA'S PREMIER LITIGATION FIRM



**Edward Susolik**  
**CALLAHAN & BLAINE**

714-241-4444

3 Hutton Centre Drive Ninth Floor | Santa Ana  
www.callahan-law.com | esusolik@callahan-law.com

Complex Business Litigation, Insurance Litigation  
and Catastrophic Personal Injury

*Port Street Resident since 2001*

**Named one of the  
“Top 100 Lawyers  
in Southern  
California”  
from 2007 to 2023**

**Recognized as one  
of the “500 Most  
Influential People  
in Orange County”  
by the Orange  
County Business  
Journal**

**Known as one of the  
Top Insurance  
Litigation Attorneys  
in the United States**  
*Settlement Expert:  
Successfully Handled  
over 1500 Mediations*

**CALLAHAN & BLAINE HAS OBTAINED:**

\* Highest Jury Verdict in Orange County History  
**\$934 Million**

\* The Largest Personal Injury Settlement in United States History  
**\$50 Million**

# Corey Anthony



Follow me on Instagram and YouTube for weekly Port Streets and Newport Beach Market Updates.

f @coreyanthonyproperties  
 @coreyanthonyproperties

**COREY ANTHONY**  
 949.612.5592

CoreyAnthonyProperties.com  
 canthony@surterreproperties.com  
 DRE#02029055

**Did you know 30% of Port Streets homes sell off market?**  
 Let my local knowledge and experience help you find your dream home.



**JUST SOLD IN 15 DAYS ON MARKET**  
 1944 Port Cardiff Place  
 \$9,300,000 · Represented Seller



**JUST SOLD OFF MARKET**  
 Corona del Mar  
 1223 Bayside Drive  
 \$4,158,000 · Represented Buyer & Seller



**SOLD OFF MARKET**  
 1824 Port Margate Place  
 \$4,475,000 · Represented Buyer



**SOLD OFF MARKET**  
 1707 Port Barmouth Place  
 \$3,700,000 · Represented Buyer



**SOLD TWICE OFF MARKET**  
 1830 Port Westbourne Place  
 \$3,600,000 · Represented Buyer



**SOLD 4 DAYS ON MARKET**  
 Corona del Mar  
 2525 Island View Drive  
 \$4,700,000 · Represented Seller



**SOLD OFF MARKET**  
 1946 Port Carney Place  
 \$2,750,000 · Represented Buyer



**SOLD 12 DAYS ON MARKET**  
 1807 Port Charles Place  
 Represented Seller



**SOLD**  
 1856 Port Charles Place  
 Represented Buyer



**SOLD 1 DAY ON MARKET**  
 1969 Port Dunleigh Place  
 Represented Seller



**SOLD 6 DAYS ON MARKET**  
 1948 Port Claridge Place  
 Represented Seller



**SOLD OFF MARKET**  
 2000 Port Provence Place  
 Represented Buyer



**SOLD OFF MARKET**  
 1832 Port Charles Place  
 Represented Buyer



**SOLD OFF MARKET**  
 1801 Port Taggart Place  
 Represented Seller



**SOLD OFF MARKET**  
 2000 Port Ramgate Place  
 Represented Buyer & Seller



**SOLD OFF MARKET**  
 1939 Port Edward Place  
 Represented Buyer



**SOLD OFF MARKET**  
 1607 Port Charles Place  
 Represented Buyer



Surterre Properties®, Inc. does not guarantee accuracy of all data, including all measurements and calculations of area. Information is obtained from various sources and has not been, and will not be, verified by Broker or Agent of M.L.S. All information should be independently reviewed and verified for accuracy. Surterre Properties DRE#01778230

**SURTERRE**  
 PROPERTIES®

MEET OUR EXPERT CONTRIBUTORS SPONSORS



**AESTHETICS & REGENERATIVE MEDICINE**  
**Dr. Khyber Zaffarkhan (Dr. Z)**  
*Elite Aesthetics & Wellness*  
949-381-6500  
www.newporteliteskin.com  
*Regenerative Institute*  
949-301-8683  
www.orthorepair.com



**TAX ATTORNEY/RETIREMENT INCOME STRATEGIST**  
**Bruce D. Bullock, J.D.**  
*Bullock Law*  
888-979-2326



**LUXURY TRAVEL PLANNER**  
**Lisa Jonsson**  
*Luxe Scout Travel*  
www.luxescouttravel.com



**WHOLE HOUSE WATER FILTRATION SYSTEMS**  
**Rick Allen**  
*Pure Elements*  
949-506-3710  
www.pureelementswater.com



**OPHTHALMOLOGY**  
**Katerina Kurteeva, M.D.**  
*California Eye Associates*  
1441 Avocado Ave, Suite 206  
Newport Beach  
949-760-9007  
www.caleye.com

To learn more about becoming an expert contributor in your industry, contact Kym Whitney at [kwhitney@bestversionmedia.com](mailto:kwhitney@bestversionmedia.com)



**PLASTIC SURGERY**  
**Joseph Cruise, M.D.**  
*Cruise Plastic Surgery*  
2081 San Joaquin Hills Rd.  
Newport Beach  
949-644-4808  
www.cruiseplasticsurgery.com



**CHILD & FAMILY COUNSELING**  
**Dr. Hayley Pedersen**  
*The Child and Family Connection*  
151 Kalmus Drive, Building B, Suite 150  
Costa Mesa  
949-236-6155  
www.thechildandfamilyconnection.com



**DENTAL**  
**Dr. Brian Green**  
*Green Dental Medicine*  
80 Newport Center Dr #230  
Newport Beach  
949-706-0777  
www.greendentalmedicine.com



**• b •  
• atlas •  
• u •  
• e •  
•  
MARKETPLACE**

*The Perfect Gift. Every Time.*

**S**  
**L/C**

321 Marine Avenue • Balboa Island  
949.220.7683  
[@blueatlasmarketplace • blueatlasmarketplace.com](https://www.blueatlasmarketplace.com)

VISIT BLUEJAY BIKE'S NEWPORT BEACH FLAGSHIP STORE



**BACK TO SCHOOL SPECIAL**

20% off Bluejay Sport

Buy 2 Bluejays, get \$500 off

Complementary assembly + local delivery

Visit us to see our latest colors: Cherry Red & Sunkissed Ivory

(949) 877-8848 | [www.bluejaybikes.com](http://www.bluejaybikes.com) | IG @bluejaybikes  
149 Riverside Ave #B, Newport Beach





POWERED BY  
**BVM**  
 BEST VERSION MEDIA

**PUBLISHING TEAM**

Publisher: Kym Whitney  
 Content Coordinator: Julie Means  
 Designer: Gabe Wood  
 Contributing Photographer:  
 Jenn Castro, Nova Media House

**ADVERTISING**

Contact: Kym Whitney  
 Email: [kwitney@bestversionmedia.com](mailto:kwitney@bestversionmedia.com)  
 Phone: 661-713-7885

**FEEDBACK/IDEAS/SUBMISSIONS**

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 25th of each month for two months out (example: Jan. 25th for March). Email your thoughts, ideas, and photos to: [kwitney@bestversionmedia.com](mailto:kwitney@bestversionmedia.com)

**IMPORTANT PHONE NUMBERS**

- Emergency Fire/Police ..... 911
- Police Department ..... 949-644-3681
- Hoag Hospital ..... 949-764-7777
- Poison Control ..... 800-222-1222
- Animal Control ..... 949-644-3717
- General Crisis Line ..... 211
- Crisis Text Line Text HOME to ..... 741741
  
- City of Newport Beach ..... 949-644-3309
- Newport Beach Library ..... 949-717-3800
- Newport Beach Recreation & Senior Services ..... 949-644-3151
- Newport Mesa
- School District ..... 714-424-5000
  
- So Cal Gas ..... 800-427-2200
- Southern California Edison (Electricity) ..... 949-655-4555
- City of Newport Beach (Water) 949-644-3019
- CR&R Trash ..... 949-644-3066



Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted, inclusive of materials generated or composed through artificial intelligence (AI). All content submitted is done so at the sole discretion of the submitting party. © 2024 Best Version Media. All rights reserved.

*Dear Newport Beach Neighbors,*

As we turn the calendar to August, the sun-soaked days of summer begin to blend with the anticipation of a new school year. For many families, this time is a mix of excitement and preparation as children and parents alike get ready to embark on new educational adventures.

August is more than just the end of summer; it's a time of renewal and growth. It's a chance for students to reconnect with friends, meet new teachers, and dive into fresh opportunities for learning and development. For parents, it's a period to support and encourage their children, ensuring they have everything they need to succeed in the year ahead.

In this month's issue, we feature four remarkable women who are igniting change through their non-profit work. Their stories are a testament to the power of giving back and the impact that dedicated individuals can have on our community. We are proud to live in a community full of generous and compassionate residents who continuously strive to make a difference in their individual ways.

You will also get to know our valued partners **Kissed by Tulips** and **Cognitive Diagnostic Associates**.

Here's to a wonderful remainder of summer and a fantastic start to the school year!

Warmly,

*Kym Whitney & The NBL Team*

[kwitney@bestversionmedia.com](mailto:kwitney@bestversionmedia.com)

*We are devoted to sharing stories, events, and news among our neighbors in this wonderful community. If you have something to share, please email me.*



**BETHANY MYERS** Contributing Writer  
**MANDY HUNTSMAN** Communications Coordinator  
**KYM WHITNEY** Publisher



**JULIE MEANS**  
 Content Coordinator



**GABE WOOD**  
 Designer



**JENN CASTRO**  
 Photographer



**WILLIAM LOBDELL**  
 Contributing Writer  
 Local History



**GINA MAIER VINCENT**  
 Contributing Writer  
 Empowerment



**JILL GUNDERSON**  
 Contributing Writer  
 Book Buzz



**ANDREA FINE**  
 Contributing Writer  
 Non-Profit/Great Neighbor



**EVELYNE MARKS**  
 Contributing Writer



**JESSICA SUSOLIK**  
 Contributing Writer  
 Non-Profit/Great Neighbor



**MALLORY GAMEWELL**  
 Student Intern



**AMY CHADDOCK**  
 Contributing Writer  
 Recipe



**LISA JONSSON**  
 Contributing Writer  
 Travel



# August

## CALENDAR OF EVENTS

**NEWPORT UNIFIED SCHOOL DISTRICT**

**August 19**  
First Day of School - K-12

**September 2**  
Labor Day - No School

**COMMUNITY EVENTS**

**Through August 18**  
**OC Fair**  
@Costa Mesa  
Info: www.ocfair.com/oc-fair

**Through August 30**  
**Festival of Arts**  
@Laguna Beach  
Info: www.foapom.com

**Through August 30**  
**Pageant of the Masters**  
@Laguna Beach  
Info: www.foapom.com/pageant-of-the-masters

**August 3**  
**5th Annual Summer Garden Party**  
@Sherman Library & Gardens  
Info: thesherman.org

**August 3, 10, 17, 24, 31; 9am - 1pm**  
**Corona del Mar Farmer's Market**  
Every Saturday  
@PCH & Marguerite  
\*Visit our partner's booth - Got Green Drinks?  
- for delicious cold-pressed juices

**August 4, 11, 18, 25; 9am - 1pm**  
**Newport Beach Farmer's Market**  
Every Sunday  
@Newport Beach Pier

**August 4, 11, 18, 25; 10am - 2pm**  
**Free Community Day Every Sunday**  
@Back Bay Science Center  
Info: www.backbaysciencecenter.org/community-day

**August 16 - 18**  
**Ringling Bros. and Barnum & Bailey®**  
**The Greatest Show On Earth**  
@Honda Center, Anaheim

**August 23 - 25**  
**RELISH**  
Food, Wine, and Spirits Experience  
@VEA Newport Beach  
Info: www.relishfoodwine.com

**CONCERTS & MUSICALS & SHOWS**

**Every Thursday, Saturday & Sunday; 12pm**  
**Live Music on the Lido Deck**  
@Lido Marina Village  
Info: www.lidomarinavillage.com

**August 6 - 18**  
**Peter Pan**  
@Seegerstrom Hall  
Info: www.scfta.org/shows-events

**August 11; 6pm**  
**Wilbury Super Group (Rock Tribute)**  
@Newport Beach Civic Center

**August 18; 4pm - 6pm**  
**VEA Summer Concert Series**  
Featuring Country Star JT Taylor  
@VEA Newport Beach  
info: www.veanewportbeach.ipoolside.com

**NON-PROFIT EVENTS**

**August 9**  
**Adventure Guide Charity Golf Tournament**  
YMCA Orange County  
@Strawberry Farms Golf Club  
Info: ymcaoc.org/agcup2024

**August 17; 6pm - 9pm**  
**Gourmet By The Bay**  
Benefiting Newport Bay Conservancy  
@2301 University Drive, Newport Beach  
Info: newportbay.org/event/gourmet-by-the-bay

**September 6**  
**CASA Classic Golf Tournament**  
@Monarch Beach Golf Links  
Info: www.casaclassicgolf.org

**September 12; 5:30pm**  
**Miracle of Mobility**  
Benefiting Free Wheelchair Mission  
@Seegerstrom Center  
Info: OCmobility.org

**September 13; 5pm**  
**SAVOR**  
Benefiting The Literacy Project  
@Newport Beach Country Club  
Info: literacyproj.org/events

**September 13; 6pm**  
**Romance Under The Stars**  
Benefiting Mission San Juan Capistrano  
@26801 Old Mission Road, SJC  
Info: www.missionsjc.com/romance-of-the-mission-benefit-gala

**SPORTS**

**Through August 11**  
**Summer Olympics**  
@Paris

**August 3 - 11**  
**US Open of Surfing**  
@Huntington Beach

**August 26 - September 8**  
**US Open (Tennis)**  
@New York City, NY

**Every Tuesday**  
**Tacos & Trivia**  
5pm - close | Trivia 7pm

**Weekends at Mutts**  
Breakfast Served  
Saturday & Sunday  
8:00 am - 2:00 pm

**TRIVIA**

**IMPORTANT DATES TO REMEMBER**

Back to School Month	<b>August 4</b> Sisters Day, U.S. Coast Guard Day
Golf Month	<b>August 9</b> Book Lovers Day
National Eye Exam Month	<b>August 13</b> World Organ Donation Day
Picnic Month	<b>August 19</b> World Humanitarian Day
American Artist Appreciation Month	<b>August 21</b> Senior Citizen's Day
National Wellness Month	<b>August 26</b> National Dog Day, Women's Equality Day
	<b>August 30</b> National Beach Day

**Mission Plastics**  
25 YEARS Treat. Train. Transform.

**Join us!**  
at our annual...

**Celebration of Global Friendships:**  
**A Tribute to 25 Years!**

**September 14, 2024, 5:30 PM**  
at the Pendry Hotel | Newport Beach, CA

**A Black Tie Affair**  
Dinner, dancing, silent and live auctions, and award presentations

Featuring Guest Speakers  
**Kyle Richards** and **Morgan Wade**

For more information and to RSVP, visit  
[missionplastics.org/celebration2024-rsvp/](https://missionplastics.org/celebration2024-rsvp/)  
or contact **Megan Seltzer**, Director of Events and Community Outreach  
951-312-9623 | [megan@missionplastics.org](mailto:megan@missionplastics.org)



# Miracle of Mobility

## Orange County's Miracle of Mobility

THURSDAY, SEPTEMBER 12, 2024, STARTING AT 5:30 PM

Seegerstrom Center for the Arts

[OCmobility.org](http://OCmobility.org)



### 10th Annual Farm to Fork App-Off!

Benefiting MaxLove Project

September 14, 2024

Tanaka Farms, Irvine

Tickets: [forkchildhoodcancer.org](http://forkchildhoodcancer.org)

## Join the Pack at Mutt's Eastbluff!

FAMILY FRIENDLY SPORTS BAR & RESTAURANT

Open Mon-Fri 11 am-Midnight | Sat & Sun 8 am-Midnight



2531 Eastbluff Drive  
(949) 719-0635

[www.mutts-usa.com](http://www.mutts-usa.com)

@muttseastbluff

LOCAL HAPPENINGS IS PROUDLY SPONSORED BY VEA NEWPORT BEACH



# VEA Happenings

## DJs & Music at VIEW Restaurant & Lounge

Every Friday and Saturday night in August from 7pm-10pm at VIEW. Check VEA's Instagram for artist updates! Enjoy menus featuring seasonal flavors and refreshing beverages at both VIEW and Edge Bar.

## SPA VEA – August Summer Escape Special Offer

Mineral-rich salts exfoliate the back with notes of essential orange oil to nourish the skin during this 50-minute Rhythmic Relaxation Massage. Hydrating Custom Facial enhanced with citrus infused face, neck and scalp massage completes this sensory experience. **Book this spa special: [tinyurl.com/SpaVeaOffers](https://tinyurl.com/SpaVeaOffers)**

## August 18: VEA Summer Concert Series JT Harker, Country Singer & California Native

Join VEA Newport Beach for a summer concert series under the sun! The third and final summer concert of 2024 is August 18th from 4pm-6pm featuring California Country music star JT Harker. Enjoy live music, food and drink specials and ocean views from VEA's Sunset Lawn. **Purchase tickets in advance: [veanewportbeach.ipoolside.com](https://veanewportbeach.ipoolside.com)**



*Escape to Endless Summer Bliss*

EXPERIENCE FRESH COASTAL LUXURY  
AT VEA NEWPORT BEACH

Enjoy a summertime state of mind at a chic social sanctuary where revelry and relaxation mingle in Southern California perfection. The resort offers an array of luxurious must-haves – cosmopolitan coastal dining concepts, a lush spa enclave, and a spirited poolscape that goes from dawn to dusk. Whether staying the night or just for a nightcap, new possibilities abound.

[VEANewportBeach.com](https://VEANewportBeach.com)



**August 19: Full Moon Sound Bath with Kyle Lam Sound Healing**

Through this guided sound meditation, you'll have the opportunity to embark on an inward journey to help achieve this level of mindfulness. Regardless of your meditation experience, our sound meditations are powerful enough to place even the most anxious minds into a meditative state. The evening includes an introduction to meditation and mindfulness, a 45-minute guided sound bath meditation and a closing ceremony to integrate your journey. Pre-registration is required; [visit \*experiencevea.com\*](http://visit.experiencevea.com) to book this experience.

# RELISH

A FOOD, WINE & SPIRITS EXPERIENCE

**August 23 - 25: RELISH, A Food, Wine & Spirits Experience**

A collaboration between celebrity chef Jamie Gwen and celebrity event planner Nicole Hirsty, RELISH will premier as a leading Orange County culinary event featuring celebrity chefs Tyler Florence, Scott Conant, and Aarti Sequeira, master sommeliers, pastry experts, and more coming together for an unforgettable weekend of gastronomic innovation.

The ticketed event will offer a variety of intimate cooking demos, winemaker seminars, spirit tastings, a Master Class in Cheese, Pastry Enlightenment and more. Tickets can be purchased for individual events or as part of a VIP package.

Visit [relishfoodwine.com](http://relishfoodwine.com)

**VEA Newport Beach | 900 Newport Center Drive  
949-640-4000 | IG @VeaNewportBeach**

## MARINERS ESCROW



*Celebrating our 40 year Anniversary in 2022*

Providing concierge service to Coastal Orange County, at the most competitive rates, since 1982.

**949-640-6040**  
**[www.marinersescrow.com](http://www.marinersescrow.com)**  
**[mperisi@marinersescrow.com](mailto:mperisi@marinersescrow.com)**  
270 Newport Center Drive #200, Newport Beach, CA



<b>Fa Karamzadeh</b> <i>Director of Growth</i> (949) 412-4650	<b>Adam Vaughan</b> <i>Partner/VP of Sales</i> (949) 375-2383	<b>R. Michael Perisi</b> <i>President</i> (949) 466-8368
---	---	--

THE LET'S ASK KATIE COLUMN IS PROUDLY SPONSORED BY MACHOSKIE & ASSOCIATES.

M&amp;A

Machoskie &amp; Associates

COMPASS

# Let's Ask Katie

BY KATIE MACHOSKIE

*Expert advice for all your real estate questions*

**Dear Katie,**

**We've been renting a house for 5 years and want to buy. We can't afford much more than what we pay in rent but have saved up a 20% down payment. Is it a good time to buy? Interest rates are so much higher than a few years ago – will they go back down to 2-3%?**

**- Farrah M., Newport Coast**

*Great questions Farrah,*

Owning a home offers many benefits over renting, especially for people who have been renting for a significant period and have saved up a down payment like you. First, owning a home provides a sense of stability and security. Unlike renting, homeownership offers the freedom to customize and personalize living spaces, creating a true sense of belonging. Additionally, the equity built through mortgage payments allows homeowners to accumulate wealth and potentially benefit from property appreciation. Your financial investment now can serve as a valuable asset for the future. In renting, you're paying your landlord's mortgage and I personally would prefer to pay my own mortgage and build equity than do it for someone else.

Congratulations on saving up a 20% down payment after renting for 5 years. That is a great first step. With a substantial down payment, you should be able to get a favorable mortgage rate and lower monthly payments. An experienced real estate agent and mortgage advisor will help you evaluate current housing market conditions, such as inventory levels and local demand, and help you make an informed decision.

As for interest rates, while they are currently higher than a few years ago, it's difficult to predict the future. Consulting with a real estate professional and a mortgage advisor can provide valuable insights and guidance to make the best decision based on your individual circumstances. But bottom line, the old adage never fails, as real estate historically appreciates over time.

*"It's better to buy real estate and wait, than wait to buy real estate."*

*Katie Machoskie is a REALTOR and Founder of the Machoskie & Associates team at COMPASS in Orange County. With over 21 yrs of experience, she has sold over \$1.23 billion. She and her team of neighborhood specialists are ready to assist you anywhere in OC. Have a question? Email her at [katie.machoskie@compass.com](mailto:katie.machoskie@compass.com) DRE#01380037 Follow her on Instagram @machoskiehomes.com*

COMPASS



Whether you are up-sizing, downsizing, or just "right-sizing" I'm here to help guide you at your own pace.

At Compass, our technology-driven solutions allow me to price a home so it sells at the highest price and as quickly as possible. If you're buying, we have unprecedented access to off-market Private Exclusive and Coming Soon listings. My network of over 15,000 agents will help you find the right buyer for your home as well as your perfect next home.

Whether you're interested in exploring your real estate options or just want an update on the market, I am a phone call, text, email or FaceTime away!

## Katie Machoskie

Machoskie & Associates

949.355.9722

[katie.machoskie@compass.com](mailto:katie.machoskie@compass.com)

DRE 01380037

[machoskiehomes.com](http://machoskiehomes.com)

M&amp;A

Machoskie &amp; Associates

# FACIAL REJUVENATION WOMEN & MEN



BEFORE



AFTER



BEFORE



AFTER

Reclaim your youthful appearance with facial rejuvenation by board-certified plastic surgeon Dr. Joseph Cruise, with over 20 years of experience delivering natural-looking results for both women and men.

949.518.0104

VISIT WEBSITE:  
[bit.ly/facebycruise](http://bit.ly/facebycruise)



Scan me



Face-Lift Recovery Unveiled

Scan the QR code to find out what the process really looks like.



# COLAB SPACE®

## A new modern boutique co-working space featuring

Team Suites | Private Offices | Conference Rooms  
Event Space for Networking and Celebrations

Join the best co-working space in Orange County and connect with other businesses owners and entrepreneurs. Grow your business with a vibrant supportive community!

**A home-away-from-home fostering connections and collaborations.**



949-617-1887 | [info@thecolabspace.com](mailto:info@thecolabspace.com) | IG: @colabspaceofficial  
18952 MacArthur Blvd Suite 100, Irvine



# Local Races Matter

BY MAYOR WILL O'NEILL



By the time you read this, the field of candidates for the City Council and School Board races here in Newport Beach will likely be set. I encourage you to take the time to get to know the candidates as we head into the November 5, 2024 election.

As a brief reminder, we elect our City Council Members using a hybrid system. A candidate must live in one of seven council districts but campaigns city-wide. This system has been in place since the 1950s.

Basically, we are a city of villages. Corona del Mar and Newport Coast border each other, but are intrinsically different. So are Balboa Island, the Balboa Peninsula, Dover Shores, Eastbluff, and so many other villages. We want our Council Members to live throughout the city, but also want each of them to be accountable to the entire city. Hence, the hybrid approach.

Also, we have term limits for our City Council Members, who can each serve a maximum of two four-year terms in a row. This year, Council Member Brad Avery and I have reached our eighth

and final years, which means that we will have two open seats on the City Council. The third seat up for election is currently occupied by Council Member Noah Blom, who has the option to run for re-election.

National news – and perhaps even local coffee shops – will be focused on the Presidential race. But I strongly encourage you to take time to focus on races that will have direct impacts on your quality of life. Frankly, there are few races more consequential for you and your families than City Council or local School Board races.

After eight years on City Council and two terms as Mayor, trust me on that one!

*Mayor Will O'Neill is serving his second term as Mayor of Newport Beach, having previously served in 2020.*

*Follow on IG @realwilloneill*

## YOUR JOURNEY. YOUR SCHOOL.

### ATHLETIC INFORMATION NIGHT

FRIDAY, SEPTEMBER 6 • 4:30-6:00 PM

For families with students in grades 5-11

- Meet coaches and student athletes
- Hear from our Head of School and Director of Athletics
- Tour athletic facilities
- Enjoy a food truck
- Watch our girls' flag football, girls' volleyball and football teams compete



# 22

INTERSCHOLASTIC SPORTS OFFERED

MORE THAN

# 110

ALUMNI HAVE GONE ON TO PLAY THEIR SPORT AT THE COLLEGIATE LEVEL



SCAN HERE TO RSVP NOW!



SAGE HILL SCHOOL

20402 Newport Coast Drive  
Newport Coast, CA 92657  
(949) 219-0100

sagehillschool.org

# Everything Evelyne's Happy Hour Finds

IG: @everythingevelyne  
everythingevelyne@gmail.com

BY EVELYNE MARKS

*Hello, friends!*

Today, I'm excited to share my favorite local spots for unwinding with a glass of wine or other spirits with friends. Here are my Top Five Happy Hour Spots in Newport Beach.

## 1. A Restaurant (the original) in Newport Beach

One of my absolute favorites is A Restaurant in Newport Beach. This place has such a fun atmosphere and an old-school vibe that I adore. Tuesdays are my favorite because wine is 50% off! The energy here is unbeatable, and it's the perfect spot to relax and enjoy a night out.



## 2. CdM Restaurant

CdM Restaurant is hands down my favorite spot on Wednesday nights. My girlfriends and I have our weekly "Wine Wednesdays" here, where wine is also 50% off. Notice a theme? The atmosphere is always buzzing, and we often run into people we know. It's such a lively and welcoming place, making every Wednesday night so much fun.



## 4. Red O

For a fun Taco Tuesday, I love taking my girls to Red O. Margaritas and wines are discounted before 6 p.m., and the bar food, like tacos, is absolutely delicious. The bar scene is so lively, making it the perfect place to catch up with friends over great drinks and tasty bites.

## 5. Rothschild's

I adore everything about Rothschild's. It's the perfect place to gather my girls for drinks and yummy appetizers. The bar has a European vibe that makes me feel like I'm on vacation. During the summertime, we love sitting outside on the wonderful patio. Frank, the owner, is so kind and always makes us feel welcome.



## 3. Bandera

Bandera is the perfect place for happy hour any night of the week. It's a wonderful spot for a girls' night out or a cozy date night. The wine pours are so generous, and the service is amazing. The aroma from their slow-roasted rotisserie chickens, cooked over a hardwood fire in a custom stone oven, is simply irresistible and lures you in even before you take your seat. Most notably here, every visit to Bandera feels special because of the friendly and attentive staff.

I hope you consider visiting one of these local spots when you are planning your next happy hour and enjoy them as much as I do.

Cheers to good times and great company!

xoxo,  
Evelyne

*Evelyne Marks is a lifestyle blogger who lives locally here in sunny California. Visit her website at [everythingevelyne.com](http://everythingevelyne.com) to shop her fashion finds, discover beauty tips and more. You can watch her reels every week on Instagram @everythingevelyne for even more inspiration.*

## WANT BETTER SLEEP?

### Did You Know?

More than 30 potentially serious health concerns have been linked to oral health and proper development.

### Things to watch for if your loved ones sleep concerns you:

- Snoring
- Adolescent Bedwetting
- Atrial Fibrillation

Get the sleep you deserve and start waking up refreshed and rejuvenated. Call us today to schedule a sleep apnea test and be on your way to more peaceful, restorative rest.

  
**GREEN DENTAL**  
MEDICINE | AIRWAYS



Dr. Brian Green DMD

**CALL TODAY FOR  
A CONSULTATION**  
**949.706.0777**

180 Newport Center Dr. #230 Newport Beach, CA 92660  
[sleepapneacenterorangecounty.com](http://sleepapneacenterorangecounty.com)



**SAFE  
IS THE  
NEW  
CLEAN!**

**shielded**  
Safeguard Your Skin.

Shieldedbeauty.com  
@shielded\_safeguardyourskin



**THE CHILD & FAMILY  
CONNECTION**

The Child and Family Connection's team of psychologists and mental health experts place your child at the center of our care and tailor each approach to meet your and your child's needs.



949.236.6155 (Office)  
drhayley@thechildandfamilyconnection.com  
www.thechildandfamilyconnection.com



**DO YOU  
RUMBLE?**

BOXING INSPIRED GROUP  
FITNESS CLASSES



# Soaring High

## The Pacific Airshow Takes Flight October 4-6

BY KYM WHITNEY | PHOTOS BY CODE FOUR

Get ready to witness the skies over Huntington Beach come alive with heart-pounding excitement and breathtaking aerial feats! From October 4-6, Pacific Airshow returns to Southern California's iconic Surf City, promising three days of non-stop action, stunning performances and family-friendly fun. If you haven't yet checked out this iconic event, this is the year to buy a ticket and make it happen.

### A Sky-High Spectacle

This year's Pacific Airshow lineup is more impressive than ever, featuring an array of military and civilian aviation acts that will leave you in awe. Expect to see the U.S.A.F. Thunderbirds, F-22 Demo Team and a host of other elite pilots and aerial teams showcasing their precision and daring maneuvers.

Pacific Airshow will also be your last chance ever to see the A10C Demo Team! A fan favorite at any airshow, Major Lindsay 'MAD' Johnston will surely put on a spectacular farewell display for the crowds below.

Be there as a formation of F/A-16's streak across the sky, perfectly synchronized, or a

vintage aircraft gracefully sweeps through the sky, a beautiful nod to the history of aviation. With each performer bringing their unique style and skills, there's never a dull moment!

### Full line up

Brace yourself! This is one impressive list.

USAF Thunderbirds, USAF F-22 Raptor, US Navy F-35C Demo Team, US Navy F-18 Rhino Demo Team, USN EA-18G Growler Legacy Team, USAF Bayou Militia F-15s, US Army Blackhawk and Lakota Helicopters, Michael Goulian, Franky Zapata, US Navy Leap Frogs, Jeff Boerboon, Scott Urshel (Bo-105 Aerobatic helicopter), USAF Heritage flight, USN Legacy Flight, US Marine Corps MV-22, Patriots Jet Team, Fed Ex 757, Scaled Composites, Ace Maker T-33 Jets, US Army Golden Knights, Rob Holland, The Horsemen, Torrey Ward Microjet, Lyon Air Museum, USAF KC-135 and the last ever performance of the USAF A-10 Demo Team.

### Fun for the Whole Family

The Pacific Airshow isn't just about the incredible airborne displays. It's a full-fledged festival



that offers something for everyone. On the ground, you'll experience live commentary including chats with the pilots while they're flying above as well as interactive exhibits, live music, food trucks serving delicious eats and a vendor village where you can shop for unique souvenirs and aviation-themed merchandise. For families, there's a dedicated Kids Zone filled with activities to keep the little ones entertained and don't forget to stop by the autograph tent to meet some of the performers up close!



**PACIFIC AIRSHOW®**  
HUNTINGTON BEACH • CA • USA





### Prime Viewing Spots

Huntington Beach is known for its wide, sandy shores, and there's no better place to enjoy the show than right on the beach inside the ticketed area, where the action is low and loud! Bring your blankets and chairs, set up camp, and get ready for a front-row seat to the action. For those looking for an upgraded experience, there are VIP viewing areas offering tented pavilions, delicious food and drink options and the best views of the aerobatics.

### A Commitment to Safety & Sustainability

Safety is a top priority for the Pacific Airshow, with rigorous measures in place to ensure a secure environment for all attendees. Additionally, the event organizers are committed to sustainability, implementing eco-friendly practices to minimize the event's environmental impact. Look out for recycling stations and initiatives aimed at protecting the beautiful coastal ecosystem of Huntington Beach.

### Join the Fun!

Mark your calendars for October 4-6, and come be a part of one of the most exciting events on the West Coast. Whether you're an aviation enthusiast, a thrill-seeker, or simply looking for a fun day out with the family, the Pacific Airshow in Huntington Beach is the place to be. Follow the official event hashtag #PacificAirshow2024 for updates and share your experiences with fellow airshow fans.

For more information and to purchase tickets, visit [pacificairshow.com](https://www.pacificairshow.com).

Don't miss out on this incredible opportunity to see the skies come alive with amazing aerial performances and to create unforgettable memories by the sea. See you at the show!



SPONSORED BY NEWPORT COVE DERMATOLOGY + AESTHETICS



# The Ultimate Guide to HydraFacial

## Benefits & Boosters

DR. JENNIFER CHANNUAL

In the ever-evolving world of skincare, HydraFacial has emerged as a leading treatment, promising to deliver glowing, youthful skin with minimal effort and downtime. But what exactly is a HydraFacial, and why has it gained such popularity? This article delves into the ins and outs of this innovative facial treatment, exploring its benefits and the potent boosters that can enhance its effects.

### What is a HydraFacial?

HydraFacial is a patented skincare treatment that combines the benefits of microdermabrasion, chemical peels and hydrating masks into one comprehensive procedure. It uses a specialized device to cleanse, exfoliate, extract, and hydrate the skin, making it a multi-step process that addresses a variety of skin concerns.

The treatment is typically divided into three main steps:

- 1. Cleansing and Exfoliation:** A specialized wand is used to gently remove dead skin cells and excess sebum from the skin's surface.
- 2. Acid Peel:** A mild chemical peel is applied to loosen deep-seated dirt and debris in the pores without causing post-peel scaling.
- 3. Extraction and Hydration:** The device uses a vacuum-like suction to extract impurities from the pores while simultaneously infusing the skin with hydrating and nourishing serums.

### Benefits of HydraFacial

HydraFacial has gained a loyal following due to its impressive array of benefits, which include:

- 1. Deep Cleansing:** The thorough cleansing and exfoliation process helps to unclog pores and remove impurities, reducing the likelihood of breakouts and promoting clearer skin.
- 2. Intense Hydration:** The infusion of hydrating serums replenishes the skin's moisture levels, leaving it looking plump and radiant.
- 3. Even Skin Tone:** The treatment can help to reduce hyperpigmentation and even out skin tone, making it a popular choice for those with sun damage or age spots.
- 4. Reduced Fine Lines and Wrinkles:** The hydrating and nourishing serums used in a HydraFacial can help to plump up the skin, reducing the appearance of fine lines and wrinkles.
- 5. Immediate Results:** One of the most appealing aspects of HydraFacial is that it provides noticeable results immediately after the treatment. There's no downtime, so you can return to your daily activities right away.
- 6. Suitable for All Skin Types:** Unlike some other facial treatments, HydraFacial is suitable for all skin types, including sensitive skin.

### HydraFacial Boosters

To further enhance the benefits of a HydraFacial, a variety of boosters can be added to the treatment. These boosters are potent serums designed to address specific skin concerns, making the treatment highly customizable. Here are some of the most popular HydraFacial boosters:

- 1. Brightalive Booster:** Designed to reduce the appearance of brown spots and brighten the skin tone, this booster uses a blend of skin brighteners and antioxidants to give the skin a radiant glow.
- 2. Growth Factor Booster:** This booster is ideal for those looking to reduce the appearance of fine lines and wrinkles. It contains growth factors that help to improve skin health and promote collagen production.
- 3. Dermabuilder Booster:** Targeting fine lines, skin tone evenness, and texture, this booster uses a combination of peptides to enhance skin elasticity and smoothness.
- 4. Britenol Booster:** Packed with Vitamin C and alpha-arbutin, this booster helps to reduce dark spots and sun damage, brightening the skin for a more even complexion.
- 5. ReGen GF Booster:** Formulated with next-generation growth factor technology, this booster aids in skin rejuvenation and repair, helping to achieve a youthful, revitalized appearance.
- 6. Retinol Booster:** A powerful booster that helps to accelerate cell turnover, reduce acne scars, and improve overall skin texture and tone.

# HydraFacial™

## GLOWvolution





HydraFacial has revolutionized the world of skincare by offering a comprehensive, customizable treatment that addresses a multitude of skin concerns in one session. Its combination of deep cleansing, intense hydration, and immediate results makes it a standout choice for those seeking radiant, youthful skin. By incorporating potent boosters, HydraFacial can be tailored to meet individual skin needs, ensuring that every treatment delivers optimal results. Whether you're battling acne, fighting the signs of aging, or simply seeking a healthy glow, HydraFacial offers a versatile and effective solution to achieve your skincare goals.

Give us a call at Newport Cove Dermatology, and we would be happy to get you taken care of. Let our team of experts, including Master Aesthetician Carli, Dr. Anny Xiao, Dr. Jennifer Channual, and Nurse Renee, guide you to the best skin of your life. Schedule your consultation today by calling or texting 949-868-6382, or email [info@newportcovedermatology.com](mailto:info@newportcovedermatology.com).



# NEWPORT COVE

DERMATOLOGY

MEDICAL | SURGICAL | COSMETIC

## Meet Our Team



Dr. Jennifer Channual, M.D.  
Board Certified Dermatologist



Dr. Anny Xiao, D.O.  
Board Certified Dermatologist



Renee Janeski, R.N.  
Registered  
Aesthetic Nurse



Carli Coppolino  
Licensed Medical  
Aesthetician

## FREE VISIA SKIN ANALYSIS

Call Now to Schedule



**What will YOUR skin reveal?**  
We Will Help You Get There

**Call/Text 949-868-6382**

180 Newport Center Dr., Suite 270

Newport Beach, CA 92660

[www.newportcovedermatology.com](http://www.newportcovedermatology.com)

-  Newport Cove: @newportcovedermatology
-  Dr Jennifer Channual: @drjenniferchannual
-  Laguna: @lagunadermatology



KISSED BY TULIPS

# Nurturing Beauty, Blossoming Creativity

BY BETHANY MYERS | PHOTOS BY KAYLA GOETZ CREATIVE

Located in the heart of our community, Kissed by Tulips is a floral sanctuary that has continuously bloomed since its inception in 2022. Owned and operated by creative visionary Paige Childress, this boutique flower shop is not just a business; it's a testament to the power of dreams and hard work.

Paige, fueled by a crazy idea and an unwavering determination, decided to dive headfirst into the floristry industry.



With a team of young, passionate florists and creatives by her side, she embarked on a journey to turn her dream into reality. And so, Kissed by Tulips was born.

As a female-owned and operated business, Paige wanted to create a space where each employee's creative gifts could flourish. With this mission at its core, Kissed by Tulips has become more than just a floral boutique; it has become a symbol of empowerment and inspiration for the community.

Since its grand opening, Kissed by Tulips has earned a reputation for creativity, joy, and unparalleled customer service. They offer individual arrangements for any occasion, florals for weddings and events, and corsages and boutonnieres for high school events. Delivery across Orange County is also available. Paige and her team like to use seasonal flowers in each arrangement to emphasize individuality, texture and freshness. Not only that, but she sources only the highest quality blooms to guarantee a long-lasting design for you to enjoy. Flowers in their natural season burst with vitality, radiating an unmatched freshness and vibrancy.

Kissed by Tulips is more than just a place to buy flowers. It's a hub for creativity and learning, hosting floral workshops and events for enthusiasts and aspiring florists alike. They have also collaborated with various local businesses and organizations, from schools to real estate companies and luxury brands to elite event planners, spreading love and beauty through exquisite florals. Paige believes in giving back to the community, supporting small businesses and mentoring budding entrepreneurs, embodying the spirit of solidarity and collaboration.

The philosophy of Kissed by Tulips is simple yet profound – to spread joy and love in flower form. Each arrangement is meticulously curated with premium stems sourced from the best wholesalers, reflecting the team's dedication to quality and craftsmanship.

Reflecting on the journey so far, Paige attributes the store's success to her incredible team and loyal clientele. The shop's social media presence has flourished, connecting them with a diverse and creative audience that continues to inspire and uplift.

As Kissed by Tulips celebrated their second birthday this July, Paige extends her heartfelt gratitude to everyone who has supported them along the way and looks forward to many more years of spreading creativity and joy through flowers.



Beyond the shop doors, Paige enjoys exploring Orange County's diverse culinary scene, spending time with her family, and supporting local businesses and charities. From trying out new food places to attending summer baseball games, she cherishes the vibrant and dynamic lifestyle that Orange County offers to her and her family.

Looking ahead, Kissed by Tulips has exciting plans to further strengthen its ties with local venues and companies. While Paige remains tight-lipped about specific projects, she encourages everyone to stay tuned and follow them on social media for updates.

Kissed by Tulips embodies passion, perseverance and the strength of community. Amidst a world where flowers may wither, the memories crafted within the walls of Kissed by Tulips blossom eternally.

Kissed by Tulips Owner:  
Paige Childress

General Manager & Lead Floral Designer:  
Nicole Smith

Marketing Coordinator & Photographer:  
Kayla Goetz @ kaylagoetzcreative

**www.kissedbytulips.com**  
**Follow on IG kissed\_by\_tulips**

**KISSED BY TULIPS**  
LUXURY FLORALS | EVENTS | GIFTS

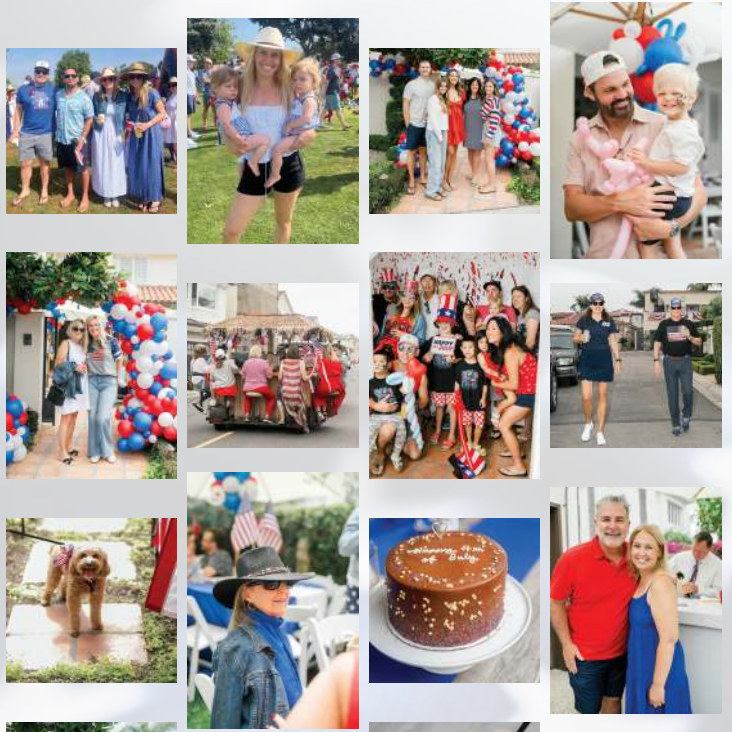
www.KissedByTulips.com | @kissed\_by\_tulips  
949.287.6622 | inquiries@kissedbytulips.com

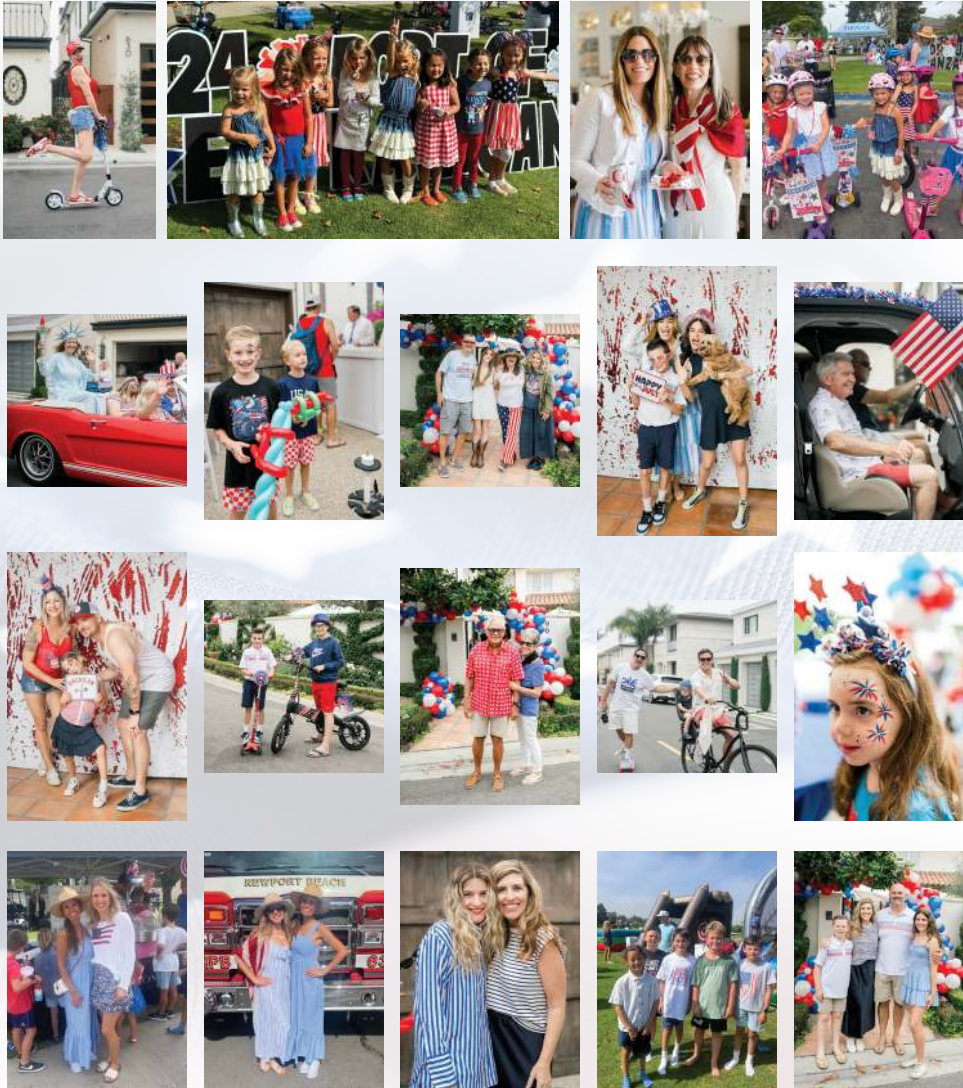
1838 Newport Blvd.  
Costa Mesa, CA 92627

# 4th of July in Newport Beach

PHOTOS BY KIMBERLY HOPE PHOTOGRAPHY, AMANDA HUNSTMAN

The vibrant spirit of Newport Beach comes alive each year on the 4th of July, as neighborhoods transform into festive hubs for block parties brimming with patriotic enthusiasm. Residents and visitors alike gather to celebrate Independence Day with a blend of traditional charm and coastal flair. Streets were adorned with red, white, and blue decorations, while the aroma of barbecued delights filled the air. Children parade with decorated bikes and wagons, and families partake in games and activities that evoke a sense of community and joy. As the sun sets, the sky over Newport Beach lights up with dazzling fireworks, capping off a day of unforgettable celebration and camaraderie.





**SUPER73**  
THE ORIGINAL ELECTRIC MOTORBIKE

- + ICONIC STYLING
- + 30-50 MILE RANGE
- + 20+ MPH

**SUPER73.COM**

NEWPORT BEACH  
**PICNIC**  
CLUB

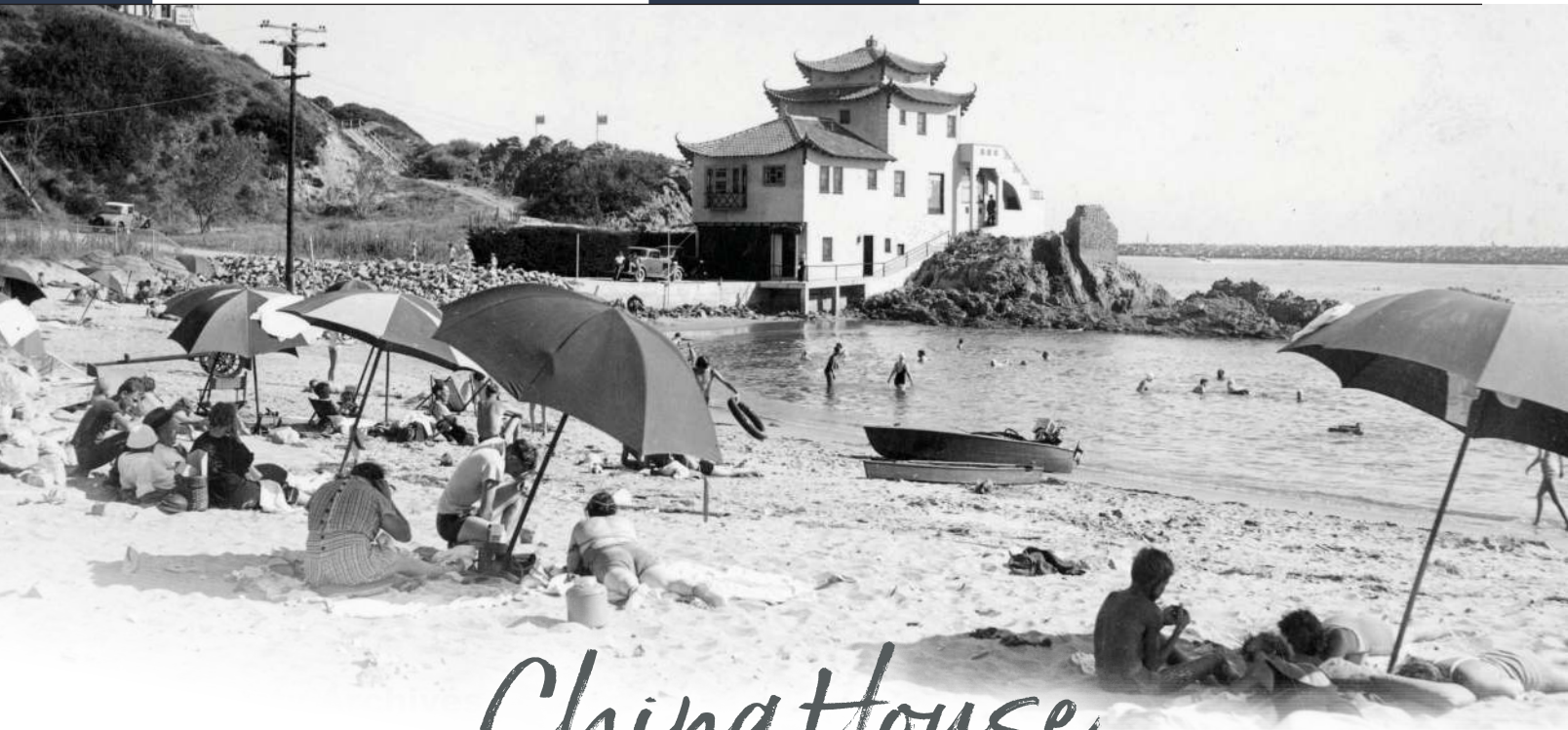
*Let's Plan Your Perfect Picnic.*

Sheena Burke  
NewportBeachPicnicClub.com  
949-435-9366

**UP UP AND AWAY**  
EVENTS

*From small scale to large scale, we provide  
ballon scapes for any occasion.*

714-768-1890 • Upupandawayevents@outlook.com  
@Upupandawayevents • @Upupandawayeventsllc  
www.upupandawayevents.com



# China House

BY CHRIS EPTING

China House (2889 Way Lane, Corona del Mar), a remarkable architectural gem in Newport Beach, was a testament to the beauty and allure of Eastern Asian-inspired design. Constructed in 1929, this enchanting residence stood as a monument to the artistic vision of its owner, Lindsay, and his wife, whose passion for Eastern aesthetics shaped the stunning features of the home. One of the striking elements of China House was its distinctive tiled roof, which boasted a pagoda style. This unique architectural feature added an air of elegance and exoticism to the property. At the entrance, a magnificent carved dragon greeted all who stepped foot inside. This intricately crafted piece added a touch of grandeur and symbolism,

signifying power, wisdom and good fortune. The ornate fixtures adorning the house further accentuated its Eastern influences, creating a captivating atmosphere for both the inhabitants and visitors.

For several decades, China House was a cherished landmark, but sadly, in 1987, it was torn down to make way for two luxury homes. While the loss was a great disappointment to all who appreciated its beauty, remnants of its legacy remain. One of the fortunate outcomes of the demolition of China House was the foresight and dedication of John Hamilton, a long-time resident of China Cove. Recognizing the historical significance of the structure, Hamilton worked out a deal with the homeowners, Jim and Martha Beauchamp, as well as Ernie



**Year Round Cleaning Services for Every Need**

Residential | Commercial | Construction  
Vacation Rentals | Deep Cleaning  
Move In | Move Out  
Refrigerator | Oven Cleaning  
Weekly, Bi-Weekly, Monthly, One-Time

Call 949-378-9927  
rosiesjj15@gmail.com  
rosiescleaningrestoreservices.com



**YOGASIX**

**Get Your Six On.**  
Find your flow at YogaSix Newport Beach  
with your first week of  
unlimited yoga for only \$26

**Contact Us Today!**  
949-335-9558  
NewportBeach@yogasix.com  
(Located in the Eastbluff shopping center)

**We Bring Your Vision To Light**  
Custom Residential & Commercial Electrical Contractor



As a full-service electrical contracting company, our focus is on creative and innovative solutions while exceeding expectations.

**We Can Help:**

- New & Remodel Projects
- Custom Electrical Design & Lighting
- Commercial Projects
- Panel Upgrades
- EV Charging Station Install
- Landscape Lighting
- Service Work

Contact us today to discover the quality and value our electricians will bring to your project.

**Your Newport Beach Electrician**




714.580.4598 | [OceanfrontElectric.com](http://OceanfrontElectric.com)  
info@oceanfrontelectric.com | LIC. #1025446  
1001 W. 17th St., Suite V. Costa Mesa, CA 92627



and Donna Schroeder, who were replacing China House with their own homes.

Hamilton's agreement allowed him to salvage pieces of the structure before its demolition. He carefully stored these remnants in a warehouse, envisioning a future where they would resurface as reminders of the house that once stood in all its glory. True to his word, Hamilton found a unique way to incorporate the salvaged pieces into his own property. The roof tiles were repurposed and used in the construction of a small building situated above the garage on Way Lane, just 50 yards from the original site of China House. Hamilton ensured the spirit and essence of China House would live on in the neighborhood.

Today, China Cove in Corona del Mar serves as a treasured hideaway, preserving

the memory of China House and the allure of its original surroundings. The cove's picturesque beauty continues to captivate residents and visitors alike, offering a tranquil retreat from the bustling urban life of Orange County.

*Chris Epting is an accomplished journalist and prolific author with over 45 books to his name, focusing primarily on history. His latest work, "Lost Landmarks of Orange County," showcases his passion for preserving and sharing the stories of the past. In addition, Chris hosts various Orange County-themed TV programs, further immersing audiences in the rich heritage of the region. For more updates and insights into his work, visit [www.chrisepting.com](http://www.chrisepting.com) or follow him on Instagram at @Chrisepting*

WELCOME TO  
NEXT LEVEL MEDICINE

---

HEALTH SPAN FOCUSED  
FUNCTIONAL MEDICINE

- epigenetic tuning
- hormone normalization
- cardiometabolic health
- neurocognitive performance
- hair restoration
- sleep & travel wellness




**Allure MD**  
PLASTIC SURGERY  
+ DERMATOLOGY

949-706-7874  
1441 Avocado Avenue, Suite 708  
Newport Beach



**OLIVIA LOREN**  
THE LABEL

TREAT YOURSELF TO 10% OFF  
Use Code: OLT10 for 10% off your first purchase

[olivialorenthelabel.com](http://olivialorenthelabel.com)  
IG@olivialorenthelabel



*Kali* WELLNESS

FOR A LIMITED TIME

Enjoy \*  
20% off

Transform your skin, and get back to looking your best, with our rejuvenating aesthetic services.

SCAN TO BOOK TODAY  
Use code NBL20 at checkout. Valid for new clients only.

*Kali Poulos, Founder*



**THE ONE MATCHMAKERS**

**Tired of Online Dating & Bars?**  
The One Matchmakers offers personal, private, and professional MATCHMAKING.  
Upscale service and clientele!  
**We do the work for you.**  
Bring back true connections!

**CONTACT US!**

[www.theonematchmakers.com](http://www.theonematchmakers.com) | [info@theonematchmakers.com](mailto:info@theonematchmakers.com)



Book Your Picnic Grazing Co.

**GRAZE**



Use code **NBLMAG** for a special discount

[www.picnicgrazingco.com](http://www.picnicgrazingco.com)





- Dermal Fillers
- PDO Threads
- Morpheus8
- Hydrafacial
- BeautiFill Laser Lipo
- Fat Transfer

**DR. CHRISTINA PANTAZOPOULOS**  
1870 Harbor Blvd.  
Costa Mesa, CA 92627  
**(951) 394-6588**  
[manhattanbeautyproject.com](http://manhattanbeautyproject.com)



**Got Green Drinks?**  
greens do a body good




**Boost Your Health with Our Premium Cold Pressed Juices**

**20% OFF! Limited Time Offer**

Scan QR Code and Use Coupon **"NPB20"** at Checkout!



- Organic Ingredients
- No Preservatives
- Endorsed by Your Local Farmers' Markets for 10+ Years!



**OSTEOSTRONG**

**STAY FIT NOT STILL**

INCREASED MUSCLE STRENGTH • INCREASED BONE DENSITY  
BALANCE AND ABILITY • DECREASED JOINT AND BACK PAIN

**THE ULTIMATE BIOHACK®**  
TONY ROBBINS APPROVED

535 E. Main St Tustin 92780 | 657-467-3307 | [www.osteostrongtustin.com](http://www.osteostrongtustin.com)  
FB @osteostrongoldtowntustin | IG @osoldtowntustin

STA  JETS



ORANGE COUNTY'S  
FAVORITE WAY TO FLY

[www.stajets.com](http://www.stajets.com)

# Elite Brain Performance & Assessment



Finally, a solution  
to your child's  
challenges  
without  
medication.



Peak  
Performance



Concussion &  
Brain Injury



ADHD, Learning,  
Differences &  
Child Development



Addiction &  
Recovery



Schedule your complimentary consultation  
Neurologics Newport Assessment Center  
[neurologics.com](http://neurologics.com) | 855.814.4983 | @neurologics



**NEUROLOGICS**  
Your Brain Optimized.

# The Impact of Back-to-School on Brain Health



BY KAREN ODELL-BARBER, FOUNDER OF NEUROLOGICS



## Top Tips for Back-to-School Success

As the lazy days of summer wind down and children prepare to return to school, it's an opportune moment to reflect on the implications of this transition for their brain health. The shift from a relaxed, unstructured summer routine to the structured environment of school can have significant effects on cognition and overall well-being.

## Cognitive Challenges and Adaptation

The brain is highly adaptable, but transitions can still pose challenges. Returning to school means a resurgence of cognitive demands such as attention, memory and critical thinking. After a summer of potentially reduced mental stimulation, students may initially struggle to adjust to the academic rigors. This adjustment period is crucial as it sets the tone for the rest of the academic year.

## Recommendations for Maintaining Your Child's Cognition

- 1. Sleep Hygiene:** Ensure children maintain a regular sleep schedule. Sufficient sleep is crucial for cognitive function, memory consolidation and overall well-being. Aim for 8-10 hours per night, adjusting based on individual needs.
- 2. Nutrition:** Provide balanced meals and snacks rich in nutrients that support brain health, such as omega-3 fatty acids (found in fish like salmon), fruits, vegetables, whole grains and lean proteins. Avoid excessive sugar and processed foods which can lead to energy crashes and affect concentration.
- 3. Physical Activity:** Encourage regular physical exercise. Physical activity not only enhances physical health but also boosts cognitive function by increasing blood flow to the brain, promoting the growth of new brain cells, and enhancing mood and focus.
- 4. Mindfulness and Stress Management:** Teach techniques such as deep breathing, mindfulness, or meditation to help children manage stress and maintain emotional well-being. High levels of

stress can impair cognitive function, so it's important to develop healthy coping mechanisms.

- 5. Limit Screen Time:** Set reasonable limits on recreational screen time (TV, video games, smartphones) to ensure that it doesn't overshadow physical activity, social interactions, or sleep. Excessive screen time can interfere with sleep patterns and contribute to attention problems.
- 6. Engage in Learning Activities:** Encourage reading, puzzles, creative arts, or other mentally stimulating activities throughout the summer and into the school year. Engaging the brain in diverse activities helps maintain cognitive flexibility and adaptability.
- 7. Establish Routines:** Help children establish daily routines that include time for homework, play, relaxation and family time. Predictable routines can reduce anxiety and provide a sense of security, which supports overall mental health.

As summer comes to a close and the school bells ring once more, the focus on brain health becomes paramount. By prioritizing sleep, nutrition, physical activity, stress management, and engaging activities, parents and educators can support children in maintaining optimal cognitive function throughout the school year. With these strategies in place, the transition from summer break to the school routine can be smoother, fostering not only academic success but also overall well-being.

Please visit [Neurologics.com](http://Neurologics.com) or make an appointment at our new assessment center in Fashion Island for more information on Neuroengineering, Brain Mapping and elite brain optimization

Listen to the **Tackling Brain Health Podcast**, now playing on **YouTube, Spotify and Apple Music**.

*Tackling Brain Health explores the cutting-edge realm of brain imaging and optimization. From personal journeys to expert insights, each episode delves into the transformative power of neuroscience, sharing real stories of triumph over mental health challenges and unlocking the full potential of the human mind.*

[www.neurologics.com](http://www.neurologics.com) | IG @Neurologics

Integrity | Trusted | Proven Results



**COLDWELL BANKER** | GLOBAL LUXURY. *Love Styles*

**LOOKING TO BUY OR SELL A HOME?**

"LOVE" Your Choice,  
Local Newport Beach Specialist

*Kelly Love* REALTOR  
DRE# 01020156

949-973-0563 | [Kelly.Love@coldwellbanker.com](mailto:Kelly.Love@coldwellbanker.com)

**ACUPUNCTURE**  
*In-Home Relief*

**CALIFORNIA MOBILE ACUPUNCTURE**  
We Come To You!

- Relieve Pain
- Boost Energy
- Improve Sleep
- Enhance Overall Well-Being
- Convenience at Your Doorstep
- Personalized Care
- Gentle and Safe
- Professional and Reliable

Take the first step towards better health and schedule your mobile acupuncture session today.  
Call for a complimentary consultation:  
(657) 569-8869

Visit our website! 





# Welcome to a different kind of wealth management

Mercer Advisors  
620 Newport Center Drive  
Suite 1030  
Newport Beach, California 92660  
800.394.3894

## MERCER ADVISORS™

Mercer Advisors Inc. is a parent company of Mercer Global Advisors Inc. and is not involved with investment services. Mercer Global Advisors Inc. ("Mercer Advisors") is registered as an investment advisor with the SEC. The firm only transacts business in states where it is properly registered or is excluded or exempted from registration requirements. 20240228

## Book Your Next Bridal Event With Us



Visit us at one of our four Newport Beach locations

Gel | Dipping Powder | Manicure/Pedicure  
Skin Care | Waxing & Threading  
Permanent Make-Up | CBD Spa Packages



949-287-6200 | [www.newportnails.com](http://www.newportnails.com)

Walk-Ins Welcome  
Newport Hills | Bayside | Westcliff | The Landing



Offering a new functional aesthetics program to blend the best of both technologies for optimal wellness.

Are you tired of living in pain?

Are you ready to FIX the problem?



**We ARE the solution!**

Call TODAY for a FREE consultation & posture analysis exclusively for our Newport Beach Living neighbors.

**949-387-1333**



**Dr. Lisa A Parissi, DC**  
Owner | Lead Chiropractor  
Posture Expert, Wellness Choice

[info@wellnesschoice.com](mailto:info@wellnesschoice.com) | [www.wellnesschoice.com](http://www.wellnesschoice.com)

1101 Dove Street, Ste 270 Newport Beach

# YOUR NEIGHBORHOOD SOLD REPORT

ADDRESS	COMMUNITY	SALE PRICE
1534 Santiago DR	Dover Shores	\$4,000,000
1423 Mariners DR	Dover Shores	\$5,200,000
31 Cape Andover	Castaways	\$6,100,000
8 Rue Valbonne	Big Canyon	\$2,685,000
2 Rue Valbonne	Big Canyon	\$3,700,000
2 Madison	Bonita Canyon	\$4,125,000
1958 Port Trinity PL	Harbor View Homes	\$4,147,500
19 Belmont	Harbor Hill	\$4,920,000
34 Montgomery	Bonita Canyon	\$4,935,000
50 Old Course DR	One Ford Road	\$5,600,000
1836 Port Manleigh PL	Harbor View Homes	\$7,950,000

\*Teri Armstrong Hardke represented the buyer and seller. Best Version Media does not guarantee the accuracy of the statistical data on this page. The data does not represent the listings of any one agent or agency but represents the activity of the entire real estate community in the area. Any real estate agent's ad appearing in the magazine is separate from the statistical data provided which is in no way a part of their advertisement.



**RANKED #1 NEWPORT BEACH**  
 The Latest Numbers Say It All –  
 Leading Office by Total Volume



**TERI ARMSTRONG HARDKE**  
 REALTOR® | CalRE# 00517307  
 949.689.1008  
 Teri.Hardke@camoves.com  
 TeriArmstrongHardke.com



Please visit [www.92660HomeValue.com](http://www.92660HomeValue.com) for an analysis of your home's value in today's HOT sellers' market!

Leading Office by Total Volume (Jun 2021). Based on closed sales volume information from California Regional Multiple Listing Service, Inc. for Newport Beach, CA in all price ranges as reported on 8/6/2021 for the period of Jun 2021, calculated by multiplying the number of buyer and/or seller sides by sales price. Source data is deemed reliable but not guaranteed. Not intended as a solicitation if your property is already listed by another broker. Real estate agents affiliated with Coldwell Banker Realty are independent contractor sales associates, not employees. ©2021 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logos are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is comprised of company owned offices which are owned by a subsidiary of Realogy Brokerage Group LLC and franchised offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. 25103073

**#5** Coldwell Banker®  
 SMALL TEAMS  
 Nationwide

# Cultivating Self

## The Art of Focusing on Your Own Paper

BY JOLA CRUISE | PHOTO BY LAUREN SCOTT STUDIOS

In the whirlwind of everyday life, especially for women who juggle multiple roles as mothers, partners, professionals, and community members, it's easy to fall into the trap of managing everyone else's lives while neglecting our own. The concept of "*focusing on your own paper*," inspired by relationship expert Laura Doyle, invites us to redirect some of that nurturing energy back toward ourselves, reclaiming our personal space, desires, and individuality.

**The Pitfall of Over-Management:** It's not uncommon for women to find themselves deeply involved in the lives of their loved ones, often to the extent of trying to control or manage outcomes on their behalf. Consider the case of Sarah, who routinely monitored her husband Tom's decisions — ranging from his choice of attire for work, how he managed home projects, to even his diet. Initially, Sarah believed that her intensive involvement was what being a good wife entailed. However, she soon realized that this over-management was not only exhausting for her but also restrictive for Tom, making him feel less like a partner and more like a child who needed supervision.

**Rediscovering Personal Desires:** Taking time to rediscover what truly makes us happy is essential. For Sarah, this meant setting aside moments for introspection to understand her likes, dislikes and what drives her. She rediscovered her passion for painting and reading—activities that had taken a backseat to her roles as a wife and mother. Whether it's through journaling, meditation, or simply spending time in nature, these activities can help clarify our thoughts and desires, guiding us back to our personal goals and dreams.

**Setting Boundaries for Self-Care:** Setting boundaries is a crucial step in focusing on your own paper. It involves communicating clearly what you are and aren't willing to take on, ensuring that your energy isn't constantly directed towards solving or managing others' issues. For Sarah, it meant letting Tom make his own decisions about everyday things, which freed up her energy to engage more fully in her painting and to rekindle friendships that were important to her.

**Engaging in Joyful Activities:** Actively engaging in activities that bring joy is another vital aspect of focusing on your own paper. Pursuing a hobby that was put on hold, learning a new skill, or simply indulging in your favorite pastimes serves as powerful reminders of your unique identity and interests outside of your roles in relation to others.

**A Personal Journey:** For me, shifting my focus from managing my husband's every action to looking inward allowed me to reconnect with my own passions and aspirations. After I stopped focusing on what my husband was doing, I returned to modeling, an activity that I deeply love but had put aside. More importantly, this shift reignited my desire to become a relationship mentor, a role that allows me to empower other women to find not only peace in marriage but also to discover their own paths to happiness and fulfillment.



**The Ripple Effect of Personal Fulfillment:** Interestingly, when we focus on our own paper, the benefits extend beyond personal fulfillment. By modeling self-respect and personal growth, we inspire those around us, especially our children and partners, to also consider their own happiness and well-being. This creates a healthier, more balanced family dynamic where each member feels encouraged to pursue their personal best.

Focusing on your own paper isn't about selfishness; it's about self-preservation and empowerment. It's a vital practice that helps maintain our personal identity and emotional health. By reclaiming our own desires and passions, we not only enhance our quality of life but also enrich our relationships with a renewed spirit and energy. Let us embrace this practice, making it a regular part of our lives to ensure that while we care for others, we also profoundly care for ourselves..

**If you are interested in relationship coaching,  
please contact Jola: Email: [hello@jolacruzecoaching.com](mailto:hello@jolacruzecoaching.com)**

**Complimentary Love Breakthrough Session:  
[www.callwithjola.com](http://www.callwithjola.com)**

**Facebook: [jola.cruise](https://www.facebook.com/jola.cruise)**




# URBANVET

UNLEASH YOUR PET'S HAPPINESS



 **Same Day**  
Urgent Care

 **Virtual Care**  
Anywhere, Anytime

 **State of the Art**  
Facility

Newport North Plaza  
1220 Bison Ave  
MacArthur Blvd & Bison Ave



Book Now

# MS. MOXIE *project*

— SALON & BOUTIQUE



## Your Ultimate Beauty Escape

Come for the hair, stay for the coffee, leave with the goods!

*We would love to meet you! Contact us today to take advantage of our new client discount.*



@msmoxieproject | 949-760-8359 | 359 San Miguel Dr #107, Newport Beach

# Unveiling the Newport Beach Junior Lifeguard Headquarters

BY AMANDA HUNTSMAN | PHOTOS BY KATE MALOUF

Just in time for the busy Junior Lifeguard summer season, the City of Newport Beach and the Newport Beach Junior Lifeguard (NBJG) Foundation celebrated the grand opening of the new Junior Lifeguard Headquarters. The event, held at Balboa Pier on June 12, was marked by a ribbon-cutting ceremony, bringing together community members to commemorate this significant milestone. Speakers included Mayor Will O'Neill; Graham Harvey, Chairman of the Newport Beach Junior Lifeguard Foundation; and Reenie Boyer, Founder of the Junior Lifeguard Program, who recognized community donors for their support.

For 40 years, the program operated out of makeshift trailers. Now, the new 5,400 square foot multi-functional space will serve as the program's headquarters during the summer and as a community event space during the off-season. The facility includes administrative and event spaces, expanded storage, a restroom area and a locker room for

lifeguard staff. Its exterior features a blend of concrete, acrylic panels and tile, creating a visually appealing design that complements the beach environment. A "donor wall" graces the side of the building, serving as a tribute to the community members who contributed more than \$2 million for the project through the non-profit Newport Beach Junior Lifeguard Foundation, which led the fundraising efforts. In partnership between the City of Newport Beach and the Foundation, \$5.2 million was utilized from the American Rescue Plan Act to complete the project.

The program now supports more than 1,600 participants and 60 instructors each year. This year marks both the 101st anniversary of Newport Beach Lifeguards and the 40th anniversary of the Junior Guards.

When the facility isn't being used during the peak season, it will be available for public rentals.

**901 E. Ocean Front**  
**[www.nbjg.net](http://www.nbjg.net)**



**YOUR CAR  
OUR DRIVER™**

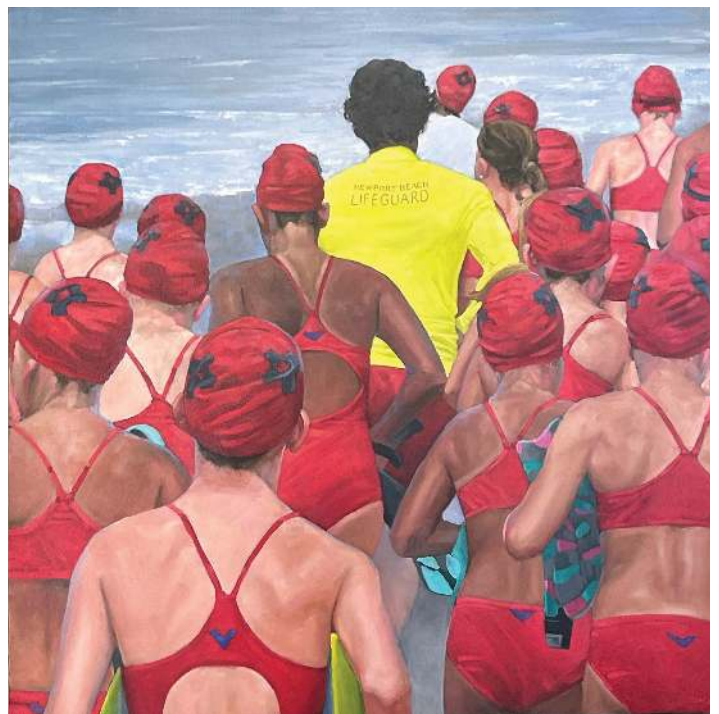
Enjoy all the luxuries  
of your car and leave  
the responsibility  
of driving it to us.

Our clients don't drink & drive.  
We invite you to become one.

[yourcarourdriver.com](http://yourcarourdriver.com)

949.283.0863 | Est. 2007

Fully Insured & Bonded | Employee-Operated







Events@TheHardwareHouseKitchen.com | @TheHardwareHouseKitchen



Custom Tablescape Design  
and Events by Leigh Rose.

*For all inquiries message*

📍 @leighroseevents or leighroseevents.com

# Style Files

## TOP 5 FASHION TRENDS FOR TEENS



BY MALLORY GAMEWELL,  
CDM HIGH SCHOOL STUDENT

Fashion trends come and go, but for teens, staying ahead of the curve is all about expressing individuality and keeping up with the latest styles. Certain trends are standing out, capturing the essence of what's hot right now.

From nostalgic nods to fresh, innovative looks, these trends offer a mix of comfort, style and personality. Whether you're looking to revamp your wardrobe or simply to stay in the know, here are the top five teen fashion trends making waves in our coastal community.

### BOHO BLISS

Boho Bliss is all about embracing a carefree, eclectic style that resonates with a free spirit. This trend draws heavily from the 60s and 70s, focusing on flowy silhouettes, earthy tones and intricate patterns. In the world of teen fashion, Boho Bliss means incorporating lace, chunky metal belts, fringe and natural fabrics like cotton and linen. Layering is key, with loose-fitting pieces that create a relaxed yet stylish look. Embellishments such as embroidery and beading add unique touches, making each outfit truly one-of-a-kind. Look for maxi dresses and peasant tops that exude a relaxed yet stylish feel. Accessories like oversized sunglasses, colorful jewelry and statement belts complete the look, adding a touch of bohemian elegance.

**Key Pieces:** Maxi dresses, crop tops, statement belts and fringe.



### PLATFORM CRAZE

Platforms are making a huge comeback, adding height and a bold statement to any outfit. From chunky sneakers to sky-high sandals, platform shoes are both stylish and versatile. This season, platform Ugg mini boots, platform Adidas Gazelle sneakers, and platform high-top Converse Chuck Taylors are at the forefront of this trend. They can be dressed up or down, making them perfect for any occasion. Comfort and fashion meet in this must-have trend, ensuring you look cool while standing tall.

**Key Pieces:** Chunky platform sneakers, platform sandals and platform boots.

### AMERICANA DREAM

Thanks to Beyoncé's latest album, "Cowboy Carter," Americana style has found its way into teen fashion, combining classic American style with a modern twist. Denim reigns supreme, from jackets to jeans, while timeless prints like plaid and stripes add a nostalgic touch. Brands like Frankie's Bikinis capture this essence with red polka dot dresses that exude Americana charm, alongside stores like Brandy Melville, curating collections blending classic staples with contemporary flair. With a color palette of red, white and blue,



punctuated by stars and patriotic elements, it's a relaxed, fun look perfect for everyday wear, allowing you to showcase your patriotic spirit with style.

**Key Pieces:** Denim jackets, classic blue jeans, red plaid print and white tees.

**LOUNGE LUXE**

Lounge Luxe takes loungewear to the next level with matching sets that are stylish and comfortable, curated by brands like Alo, Madhappy, Aritzia, Aviator Nation and Aerie. Coordinated tops and bottoms in soft, cozy fabrics are ideal for both home and casual outings. Look for sets in pastel shades, earthy neutrals, or graphic prints. This trend is all about effortlessly blending comfort with style.

**Key Pieces:** Matching sweatshirts and sweat-pants, knit sets and tie-dye loungewear.



**LEOPARD PRINT**

Heavily inspired and brought back to life by Dolce & Gabbana, Leopard Print brings a touch of the wild side to your wardrobe with its bold and iconic pattern and can add a fierce edge to any outfit. Whether you choose to go all out with a statement piece or incorporate subtle accents, leopard print is versatile and chic. You can even hunt for unique finds at your local thrift shop or vintage store, or explore modern interpretations at brands like Zara, Réalisation Par, or Danielle Guizio. Mix and match for a daring look or keep it simple for a stylish touch.

**Key Pieces:** Leopard print skirts, leopard print tops, and leopard print dresses.

Teen fashion is all about exploring different styles and finding what makes you feel unique and confident. These top five trends offer a mix of bohemian vibes, bold footwear, classic American style, cozy comfort, and a touch of flair.

For more teen inspiration, here are my favorite brands to Follow on Instagram:

- @reformation @freepeople @loveshackfancy @forloveandlemons
- @mymum\_madeit @frankiesbikinis @handovercom @djerfavenue @madhappy
- @alo @realisationpar @danielleguizio @ratandboa @bellavvenice

**CHARLIE LOVES COCO**



Select items are also available at Seaside Gallery and Goods

CURATED CLOTHING & GOODS IN THE HEART OF THE COSTA MESA WAREHOUSE DISTRICT.

1733 MONROVIA AVE., SUITE O, COSTA MESA, CA, 92627 949-293-6705

Follow Us

@CHARLIELOVESCOCOOFFICIAL

**LIFE HAPPENS HERE**

**SOUL CENTER OC**

AN ADARPE AFFILIATE

**Soul Center OC**

*brows TO Lashes*

Accentuate Your Natural Beauty

www.browstolashes.com  
IG @browstolashes  
714-600-1405



## Impacting Change Through Philanthropy

### *Sue Grant, Gina Jaha, Kerry Herbert, Monette Zotovich*

BY BETHANY MYERS | PHOTOS BY NOVA MEDIA HOUSE, LISA RENEE PHOTOGRAPHY, CARLA RHEA, TONY LATTIMORE & TIEN VO

Sue Grant, Gina Jaha, Kerry Herbert and Monette Zotovich are four exceptional women whose philanthropic efforts have significantly impacted Newport Beach and our surrounding communities. Together, these women exemplify the power of local philanthropy and inspire others to contribute to the betterment of society. Read on to learn the full story of their remarkable legacies and the lives they have touched.

#### **Sue Grant**

Sue Grant, Founder and Volunteer CEO of the Literacy Project, created the organization to give the gift of literacy to the most vulnerable children struggling with reading. Since its inception in 2009, the Literacy Project has provided a comprehensive reading program at no cost to more than 10,500 students from low-income families across four states. This initiative improves reading skills, fosters a love of learning and builds confidence, transforming the lives of the children served. Additionally, the organization has secured over \$5.1 million in funding to support its 30-hour reading program, demonstrating remarkable results - average skill improvements range from 76% to 129%. The Literacy Project also donated \$1.96 million worth of reading games to benefit 49,014 family members.

Born and raised in Orange County, Sue began her career focusing on troubled school-age children. With an undergraduate degree in Counseling and School Psychology, her commitment to helping young children deepened. Her passion is rooted in her upbringing with nine siblings and her unwavering faith. One of her core beliefs is that "there



**Sue Grant**

are endless opportunities to do more for other people." For Sue, this means ensuring less fortunate children acquire essential reading skills by the critical level of third grade, paving brighter paths for their futures.

Sue has accomplished remarkable feats throughout her career and personal life. At age 21, she founded Love Is A Rose, a unique company featuring "flower girls" in OC restaurants that she successfully sold by the age of 30. She then founded and served as principal of OC Public Relations for 24 years, representing Orange County's non-profit and hospitality industries. In 2003, Sue signed a contract with The Regents of the University of California to work on a project to combat rising illiteracy rates. After fulfilling that contract, she returned to helping struggling children by forming The Literacy Project and, within five years, focused on it full-time after retiring from OC Public Relations. This final chapter in Sue's career has fulfilled every dream of a servant's heart.

Additional career achievements include delivering a speech to 650 attendees from 83 countries at the World Literacy Summit, being on the 2022 OC Register's 125 OC Most Influential list, and receiving the 2024 Congressional "Inspirational Woman of the Year" award from Senator Bob Archuleta's office. Most recently, at 66, Sue entered a fitness competition called Stark Naked, an empowering and life-changing experience.



**Sue and Gary Grant**

Sue moved to Newport Beach at age 17 and has lived in various communities within the area. After raising her children in Irvine, she returned to Newport Beach in 2002 and now lives on Lido Isle with her husband, Gary. She and her family love the serene views and active lifestyle of Newport Harbor. She also finds great joy in participating in Mariners Church and the Fearless Women Bible Study led by Pastor Donna Schuller.

Sue encourages the community to seize the opportunity to profoundly impact a disadvantaged child's life, as we can make a lasting difference through the power of literacy. She urges everyone to find a cause that resonates with them, give back in any way they can, and discover the meaningful balance it brings to their lives. The effort enriches both the giver and the recipient, making it truly worthwhile.

### Gina Jaha

Gina Jaha has devoted her life to supporting charitable causes and enriching her community. With a background in both professional and volunteer work, Gina's passion for helping others is evident in everything she does.



**Gina Jaha**

Her dedication to charity began in her childhood, inspired by her parents' support of Danny Thomas and St. Jude Children's Research Hospital. This early exposure to philanthropy instilled in her a deep-seated commitment to giving back. The opportunity arose to start a non-profit charity event with her good friends, The Stearns, to benefit those in need. Gina eagerly accepted the honor of helping Mindy and Glenn launch the Life-Changing Lives fundraiser in 2008. This event benefited several organizations, including the Make-A-Wish Foundation and Wounded Warriors.

Gina is currently involved in two main charitable initiatives. Since 2016, she has served as the CDM PTA Home Tour Chair and has held various positions since 2011. This special event raises essential funds for CDM Middle and High Schools and fosters a strong sense of community and pride, directly benefiting the students. This year's 50th Anniversary Home Tour set a new fundraising record and received a proclamation from Mayor Will O'Neill and the City of Newport Beach, recognizing 50 years of excellence in the community.

Additionally, Gina plays a crucial role in The Literacy Project's SAVOR of Newport event, which helps underserved children learn to read. She has been involved with The Literacy Project since 2011 and supports Founder Sue Grant, volunteering as Director of Event Production.

Gina has been recognized with numerous awards for her exceptional community work. In 2024, she received the Newport Beach Volunteerism Award presented by Mayor Will O'Neill, as well as the OC Spirit of Volunteerism Award. The Literacy Project honored her with the SAVOR 2023 Dream Maker Award for 10 years of outstanding volunteerism. Additionally, Gina has been a two-time recipient of the CDM PTA Honorary Service Award for going above and beyond. In 2021, she was honored with the Lincoln Legend Award for 12 years of dedicated volunteering at Lincoln Elementary School. These accolades reflect Gina's significant contributions to her community.



**Gathering for the proclamation ceremony at the kickoff of the Corona del Mar Home Tour's 50th Anniversary were, from left: Carol Crane, NMUSD School Board President; Will O'Neill, Mayor of Newport Beach; Gina Jaha, CDM Home Tour Chair; Jake Haley, Corona del Mar Middle and High School Principal; Lisa Pearson, NMUSD School Board Trustee Area 4; and Dr. Wesley Smith, Superintendent of NMUSD**

Since 2003, Gina and her family have lived in Newport Beach and treasure the community for its beauty, safety and excellent schools. Gina's husband, Bob, founded an electric bike company and recently developed a high-performance pickleball paddle called GRIT Pickleball. Their son, Jackson, graduated from CDM High School in 2022 and is studying finance at the University of Oregon, while Gianni is a sophomore at CDM High School, excelling in soccer and golf.

Gina and her family enjoy local activities like riding bikes around town, pickleball matches, and boating. Her youngest son Gianni jumps at every chance to go boogie boarding at Newport's beautiful beaches. More than anything, besides her family, Gina loves her mini Goldendoodle, Gigi. Where Gina goes, Gigi goes!

*"I love living in Newport Beach with my family! Raising our kids in Newport has been a great experience. We feel a strong sense of community and a desire to help improve where we live," says Gina.*

Gina's motto is "Stay strong, have heart, and finish what you start." She encourages her neighbors to spread smiles and kindness and to take time to help those in need.

**Kerry Herbert**

Kerry Herbert serves on the Board of Directors for Mission San Juan Capistrano, a role that underscores her dedication to historical preservation and community service. Her involvement began many years ago when she was invited to attend the Romance of the Mission gala by her close friend and philanthropist, the late Madeline Martin Swinden, a former Mission Preservation Foundation Board member. Inspired by the beauty and historical significance of the site and the dedication of those involved in its care, Kerry decided to contribute her efforts.



**Kerry Herbert**

As a native Californian with a deep appreciation of history, she was moved by the mission's role in educating a diverse community, including students, history enthusiasts, arts patrons and individuals battling cancer.



**Bespoke Event Design**  
*on the coast*

It is summer in Newport Beach, which means it is the season for gathering and enjoying the beautiful weather! From celebrating with loved ones to toasting with colleagues, the next few months are all about living *la dolce vita*.

At our bespoke event design and creative agency, we specialize in creating elevated events and curating memorable parties. Our goal is to make your event both seamless and aesthetically beautiful. Even more importantly, we deliver a good time and an enjoyable experience.

Let's celebrate together!  
*Jill & Tara*  
— & the Dolce Collective Team

As Seen In:  
Vanity Fair, Modern Luxury Magazine, Riviera Magazine, Voyage LA Magazine, Bravo, E! Entertainment, and HBO

- Florals & Tablescapeing
- Corporate Celebrations
- Friend + Family Gatherings
- Al Fresco Dining Experiences
- Seasonal Brand Events
- Luxury Beach + Park Picnics
- Elevated Dinner Parties





**cactus & fern**  
OUTDOOR LIVING AND GARDEN DESIGN, BY WHITNEY ELLEN

whitney@cactusandfern.net  
cactusandfern.net  
@cactusandfernbymwhitneyellen



From left, Gavin Herbert, Kerry Herbert, Madeline Martin Swinden, Jim Irvine Swinden

This broad impact motivated Kerry and her husband, Gavin, to support the Mission's annual September gala by donating all floral and design decor services from Roger's Gardens, their family business. They have proudly contributed to this event for nearly a decade, enhancing its splendor and success.

Following Madeline's passing in June 2020, Kerry was invited to join the Mission Preservation Foundation Board of Directors, a role she enthusiastically accepted. Under the leadership of Board Chair George O'Connell and founding Board Chair Tony Moiso, Kerry has embraced the opportunity to further the Mission's goals. She is particularly proud of the board's collective achievements over the past decade and eagerly anticipates this year's Romance of the Mission gala on September 13. Kerry and Gavin's active support and involvement aim to inspire others to contribute to this landmark's care, service and stewardship.

Kerry's professional background is rooted in the hospitality industry, where she enjoyed a remarkable 20-year tenure with the Four Seasons Hotels. As a proud third-generation Californian and a Newport Beach resident for nearly 25 years, Kerry takes great joy in living here. Walking along the beautiful coastline is a daily ritual, keeping her active and connected to nature. As a passionate entertainer, her home is always ready for a party and she loves bringing people together. Faith plays a crucial role in Kerry's life and she is a proud member of the Fearless Bible study group, where the bond with other women strengthens her

resilience. She and Gavin are actively involved in the Parent Leadership Council at USC and Gavin's role on the Board of Trustees at Chapman University allows them to connect with other Panther families.

Kerry Herbert's involvement in Mission San Juan Capistrano and her active participation reflect her commitment to making a positive impact. Her dedication serves as a call to action for others to get involved and contribute to improving the community.

**Monette Zotovich**

Monette Zotovich's dedication to philanthropy and community, along with her vibrant and active lifestyle, serves as an inspiration to those around her. Through her involvement in various charitable organizations, she has made a meaningful impact in Newport Beach and beyond.



Monette Zotovich

**NOW TWO LOCATIONS TO SERVE YOU**

**ORIGINAL CAFE**  
@ 240 NEWPORT CENTER DR., #100

**NEW CAFE BAR**  
@ 610 NEWPORT CENTER DR., THE COMMONS

949-706-0462  
www.WildStrawberryCafe.com  
IG @wildstrawberrynewport

**\$10 Tox (p/unit) & \$599 Filler (p/syringe)**

**\$399 Trilift Introductory Sessions**

**Buy 2 Hydrafacials, Get 1 FREE**

\*Expiration 7/31/24. Rules and restrictions may apply

**SERVICES**

Hydrafacial	IV Therapy NAD+
Weight Loss Program	TriLift Facial and Body
Hormone Therapy Peptides	Tightening
Hair Restoration	RF Microneedling & PRP

@GREYAESTHETICSOC | 949-418-7495  
4001 Westerly Place 103 | Newport Beach

Over the past 10 years, she has chaired several fundraising events and continues to serve on committees, always seeking new ways to engage the community. With her substantial experience in education, Monette is passionate about supporting organizations that make a positive difference in children's futures.

Most recently, she has been a dedicated supporter of The Literacy Project, a non-profit organization helping second-grade students achieve essential reading skills. Given her educational background and commitment to children's success, the Literacy Project's mission resonates deeply.

Additionally, Monette and her husband Steve have actively supported Child Help, an organization dedicated to preventing and treating child abuse. Over the years, they have participated in, donated, and sponsored events. Monette's dedication to improving children's lives aligns perfectly with Child Help's mission. She served on the gala committee for five years and co-chaired it twice. In 2019, at the 10th Anniversary Gala, Monette and her husband received the prestigious "Dream Maker" award for their continuous support and dedication. Monette also contributed her expertise to the inaugural Savor 2023 and 2024 committees and served as a celebrity bartender for "Cheers For Literacy" twice.

KidWorks is another organization she has strong ties with, as it serves youth and families in underserved communities through a licensed preschool, after-school programs, tutoring, mentoring, college and career readiness, family services, and leadership development. Monette has contributed by participating in their pickleball fundraising tournaments, through sponsorships and continues to provide items needed for their education.

With her husband serving on the Board of Directors, Monette has been deeply involved in Crystal Cove Conservancy for several years. Captivated by its mission to preserve and protect one of California's most beautiful beaches and educate the public about this special piece of coastline, Monette supports its efforts through donations and event participation, ensuring this natural treasure is protected for future generations.

Monette's earlier life began with a career as an elementary school teacher in South Orange County, where she witnessed firsthand the importance of reading. After marrying Steve and moving to Newport Beach, she retired from teaching but continued her advocacy for literacy. Her classroom experiences fueled her dedication to The Literacy Project and other child-focused charities.

Both were widowed 22 years ago and feel incredibly blessed to have found each other. Together, they share six adult children and four



From left, Lisa Torres and Monette Zotovich

grandchildren, all living nearby. They treasure the close-knit community, the beautiful beaches and the endless activities Newport Beach offers.

Monette believes in being there for others with a smile and emphasizes the importance of relationships. She encourages everyone to be available for people in need and to cherish their connections. While Monette Zotovich remains passionate about giving back, her biggest blessing now is being available to watch her four young grandchildren.

*"These are treasured moments, and I'm grateful to have the time to spend with this next generation," she says.*

Together, these four exceptional women showcase the profound impact of philanthropy on their communities. Their collective efforts highlight the power of giving back and the remarkable difference that passionate, community-minded individuals can make. By sharing their stories and achievements, we celebrate their contributions and the spirit of generosity and service that defines our community.

For more information about the non-profit organizations mentioned above, visit their websites: [cdmhometour.org](http://cdmhometour.org), [literacyproj.org](http://literacyproj.org) or IG @thelitercyproj, [missionsjc.com](http://missionsjc.com), [childhelpoc.com](http://childhelpoc.com), [kidworksoc.org](http://kidworksoc.org), [crystalcove.org](http://crystalcove.org)

### Upcoming Events

**Savor**, benefiting the Literacy Project - September 13, 2024, Newport Beach Country Club

**Romance of the Mission Gala**, benefiting Mission San Juan Capistrano - September 13, 2024, Mission San Juan Capistrano

**Rosé on the Bay**, benefiting KidWorks - October 2, 2024, Private Residence

**Cars & Cocktails**, benefiting KidWorks - November 14, 2024, Finish Line Auto Club

*Styling courtesy of Neiman Marcus Fashion Island*

*Make-up courtesy of Latrice Johnson*

*Gina's Hair courtesy of Kristin Zandbergen at Kittie Olivier Salon*

## Level Up Your Game

Experience the pinnacle in eyecare  
with laser cataract surgery.

Rediscover the vibrant Newport Beach lifestyle  
through crystal clear vision.



## California Eye



949-760-9007

1441 Avocado Avenue, Suite 206  
Newport Beach



AWARDED  
2024  
ORANGE COUNTY  
MEDICAL ASSOCIATION  
PHYSICIAN OF EXCELLENCE



Timeless Beauty,  
Innovative Technology.



Injectables  
Full Range of Medical Grade Peels  
Morepheus8 RF Micro-Needling  
Forma Red Carpet Facial Treatment  
Lumecca IPL  
Diolaze Laser Hair Removal  
Evoke Facial Skin Tightening & Sculpting  
Evolve Body Toning, Tightening, Fat Reduction  
Medical Grade Skincare Products

---

NEW CLIENTS  
15% OFF YOUR FIRST PURCHASE

---

[newporteliteskin.com](http://newporteliteskin.com) | 949.381.6500 | 20341 SW Birch St., Suite 120, Newport Beach



[elite\\_aesthetics\\_wellness](https://www.instagram.com/elite_aesthetics_wellness)



[elite aesthetics & wellness](https://www.facebook.com/elite.aesthetics.wellness)

# REGENERATIVE

INSTITUTE OF NEWPORT BEACH

PAIN-FREE  
WITH **Dr. Z**



Interventional pain physician specializing in Platelet-Rich Plasma therapy.

CHANGING **MEDICINE.** CHANGING **LIVES.**

[orthorepair.com](http://orthorepair.com) | 949.438.1888 | 20341 SW Birch St., Suite 100, Newport Beach



Since 1987, no one has sent more students to the world's best universities than Elite Prep.

## COLLEGE APPLICATION SERVICES

### One-on-one essay and application help for high school seniors

Work with our experienced counselors to set yourself apart from other applicants and craft an outstanding college application package that shines a light on who you are and what you've achieved.

**Schedule a free college prep consultation today!**



"Working with my Elite counselor was the best experience I could have asked for."

**Cynthia Z.**  
MIT



"The staff at Elite work as a team, surrounding you with an army of supportive experts."

**So F.**  
Princeton University



"My Elite counselors are honestly the reason I got into the college of my dreams."

**Jessica C.**  
Brown University

## Elite Prep Irvine-Newport Beach

949-252-9124 • [eliteprep.com/irvine](http://eliteprep.com/irvine)

**LEARN MORE AT [ELITEPREP.COM/CAS](http://ELITEPREP.COM/CAS)**



**Register Now!**

# FREE COLLEGE RESEARCH WORKSHOP

## For Rising 11th & 12th Graders

In our free, 2-day College Research Workshop, you'll participate in an **Ideal-College Research Project** to reflect on your personality, interests, and desires for your college experience. You'll **build a list of colleges** that match your criteria, learn how to **research your top choices** thoroughly, and create a personalized college application season plan. We'll help you consider schools based on criteria beyond mere popularity and reputation. You'll leave the workshop with a **list of 20 colleges** that align with your unique interests!

### Discover Your Best-Fit Schools

In today's **competitive** college admission landscape, it's vital to apply to schools that match your **personality** and **academic goals**. By discovering **lesser-known** (and potentially less impacted) schools, you'll find a university that matches your needs.

### Learn How to Write the "Why Us?" Essay

Many students struggle with the "Why do you want to attend \_\_\_\_?" supplemental prompt (commonly known as the "Why Us?" essay) required by many private schools. Our free College Research Workshop will guide you through a **structured project** and provide you with the skills you need to **conduct effective research**, let colleges know why you're a **great applicant**, and create a **strong plan** for college application season.

## Choose a Workshop Session

**Session #1:** Thu 8/15 @ 1:00–4:00pm + Fri 8/16 @ 1:00–4:00pm

**Session #2:** Fri 9/6 @ 4:00–7:00pm + Sat 9/7 • 1:00–4:00pm

*Call or email us to secure your spot today!*

## Elite Prep Irvine-Newport Beach

19732 MacArthur Blvd. #140, Irvine, CA 92612

**(949) 252-9124 • [irvine@eliteprep.com](mailto:irvine@eliteprep.com)**



# Understanding Parents' Rights to Request an Evaluation at Public Expense



BY JENNIFER STRONG, ABSNP

As parents, you hold significant rights when it comes to your child's education, especially if you suspect that your child may have a disability that affects their learning. One of the most critical rights is the ability to request an evaluation funded by the school district at public expense. This right ensures that your child receives a fair and thorough assessment to determine if they require special education services or accommodations. Here's what you need to know about this process and the options available to you.

## What is an Evaluation at Public Expense?

An evaluation at public expense is a comprehensive assessment conducted to determine whether a child has a disability and what special education and related services the child needs. If you disagree with the evaluation provided by the school district, you have the right to request an Independent Educational Evaluation (IEE) at the public expense. This means the school district will pay for a second evaluation conducted by a qualified professional who is not employed by the school district.

## When Can Parents Request an Evaluation?

Parents can request an evaluation at any time if they suspect their child may have a disability that impacts their education. This request can be made if the child is not currently identified as needing special education services or if the parent disagrees with the school's existing evaluation.

## How to Request an Evaluation

- 1. Write a Formal Request:** The first step is to write a formal request to the school district. In this request, state that you are asking for an Independent Educational Evaluation (IEE) at the district's expense for all areas that the district has assessed. Specify that, upon the conclusion of the district's evaluation, you are entitled to independent reports in all those areas. Be sure to include specific reasons why you believe the IEE is necessary, such as concerns about the thoroughness or accuracy of the district's initial assessment.
- 2. Submit the Request:** Email your request to your child's school principal, special education coordinator, or another appropriate school district official. Make sure to keep a copy of the request for your records, along with the date you sent it.
- 3. School District Response:** The school district is required to respond to your request, "without unnecessary delay." They may agree to pay for the IEE, or they may initiate a due process hearing to show that their initial evaluation was appropriate.

## Options Available to Parents

- 1. Agreement by the School District:** If the school district agrees to your request for an IEE, they will provide you with a formal letter called a Prior Written Notice (PWN). This letter will include information on where you can obtain the evaluation and outline any specific criteria or requirements that must be met.
- 2. Due Process Hearing:** If the school district denies your request, they are required to also provide you with a PWN letter detailing the reasons for their decision. In addition to this, the district must file for a due process hearing to demonstrate that their evaluation was appropriate and met all necessary standards. Before the hearing takes place, you have the option to obtain a privately funded evaluation. This evaluation can provide additional evidence and insight that may support your case during the hearing. While this evaluation will be at your own expense, it can be a crucial step in advocating for your child's needs.
- 3. Selecting an Evaluator:** When the school district agrees to the IEE, you have the right to choose the evaluator, provided they meet the district's criteria. The district should provide you with a list of qualified professionals.
- 4. Using the Results:** The results of the IEE must be considered by the school district in any decision made with respect to the provision of a Free Appropriate Public Education (FAPE) to your child, and they can be presented as evidence at a due process hearing.

## Why an IEE May Be Necessary

There are several reasons why parents might seek an IEE:


- **Disagreement with the School's Evaluation:** Parents might feel that the school's evaluation did not fully capture all of their child's needs, leading to incomplete or inadequate recommendations for support and services.
- **Comprehensive Assessment:** An IEE can provide a more thorough and detailed assessment, often exploring areas that the school's evaluation might have overlooked or not examined in depth.
- **Unbiased Perspective:** An independent evaluator offers a fresh and impartial perspective, free from any potential biases or influences that could affect the school district's assessment.
- **Quality and Expertise:** Independent evaluators often have specialized expertise and can use advanced assessment tools and techniques that may not be available through the school district.
- **De Minimis Services:** If the school is providing only minimal support that does not

adequately meet the child's needs, an IEE can help demonstrate the necessity for more comprehensive services.

- **Parental Peace of Mind:** Obtaining an independent evaluation can provide parents with peace of mind, knowing they have done everything possible to understand and address their child's educational needs.
- **Monitoring Progress:** An IEE can serve as a benchmark to monitor the child's progress over time, ensuring that the educational interventions are effective and adjusted as needed.
- **Educational Diagnosis According to ICD:** An IEE can provide an educational diagnosis based on the International Classification of Diseases (ICD) criteria, ensuring that the child's conditions are accurately identified and classified according to standardized diagnostic codes.

Understanding your rights to request an evaluation at public expense is crucial to ensuring your child receives the appropriate educational support they need. If you or someone you know requires educational support, we are here to assist families throughout the entire state of California. We are committed to helping all families secure the resources and services necessary for their children's success.


*Jennifer D. Strong is a Licensed Educational Psychologist at Cognitive Diagnostic Associates in Newport Beach. For information, please visit [www.cdacompany.com](http://www.cdacompany.com).*



**Empower Your Child's Education Today**

Take the First Step Towards a Brighter Future  
with our Expert Psychoeducational Assessments

**Let us be Your Partner in Navigating  
IEPs for Optimal Academic Success!**



4695 MacArthur Ct., 11th Floor Newport Beach, CA 92660  
(949) 478-4484  
[admin@cdacompany.com](mailto:admin@cdacompany.com) | [www.cdacompany.com](http://www.cdacompany.com)



INTRODUCING

# VIVANTE NEWPORT CENTER



An innovative new luxury retirement community located in the heart of Fashion Island, created and owned by local residents to serve the seniors of our community.

Schedule a tour today:  [vivanteliving.com](http://vivanteliving.com)  (949) 274-9144



**Dynamic Activities**



**Exquisite Culinary Program**



**Elegant Design**

## VIVANTE NEWPORT CENTER

850 San Clemente Drive  
Newport Beach, CA 92660  
(949) 274-9144



Hoag Partnership with dedicated medical office on site.



# Discover the Nautical Lifestyle with SeaNet Yachts

BY AMANDA HUNSTMAN

Founded by Michael Costa, SeaNet Yachts has been providing exceptional yachting experiences since 2003. Michael's deep connection with the sea, cultivated from his childhood days spent on the water with his large family, inspired him to create a business that would allow others to enjoy the same lifestyle. Recognizing the challenges of full boat ownership—time constraints, maintenance costs and limited slip availability—Michael envisioned a more accessible way to bring people together on the water.



Michael Costa, CEO and founder, with his family.

## Bringing People Together

SeaNet Yachts is more than a business; it's a community builder. The company's mission, *"To provide exceptional yachting experiences through innovative ownership options and personalized service, ensuring everyone can enjoy the water,"* reflects its dedication to creating memorable experiences. By offering whole or fractional boat ownership, SeaNet makes it possible for more people to enjoy yachting without the usual hurdles.

## Unique Offerings

What sets SeaNet Yachts apart is its innovative approach to yacht ownership. Over the past couple of years, many have come to realize the importance of balancing life to include meaningful experiences. SeaNet offers tailored yacht ownership options that fit seamlessly into various lifestyles. Whether you seek the full experience of owning a yacht or a more flexible, fractional option, SeaNet has a solution.

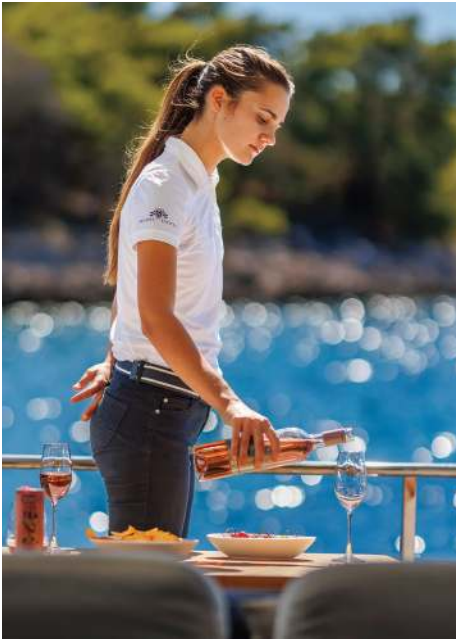
SeaNet's influence extends beyond Newport Beach. With a presence in the Eastern and Western Mediterranean, the Bahamas, the East and West Coasts, and the Sea of Cortez, SeaNet offers a taste of diverse nautical lifestyles, all while maintaining the convenience of having a boat in your backyard.

## Achievements and Milestones

SeaNet Yachts has celebrated numerous milestones over its two-decade journey. Some of the notable achievements include:

- **2003:** First co-ownership vessel sold in Newport Beach, California
- **2005:** Launched as the first major yacht share company in the market.
- **2008:** Added the 10th Sunseeker to the program.
- **2012:** Introduced the first Benetti superyacht to the program.
- **2013:** Reached 50 managed yachts in the program.
- **2014:** Became an exclusive dealership partner with Absolute Yachts.
- **2015:** Launched the SeaNet Europe Network.
- **2018:** Expanded the fractional program to the East Coast.
- **2020:** Developed SeaNet's proprietary app.
- **2022:** Expanded corporate offices.

Recently, SeaNet was honored with the 2024 Dealer of the Year award by Absolute Yachts for the highest sales, highlighting its industry leadership.



### Future Endeavors

Looking ahead, SeaNet Yachts is set to further enhance yacht accessibility and expand its cruising locations and offices. The company is dedicated to continuous growth and innovation, ensuring even more people can enjoy the luxury and freedom of yachting.

### Message to the Community

*"With Newport Harbor right in our backyard, there's no better way to entertain family, friends and business associates than by cruising our scenic waters. SeaNet offers a seamless solution to explore our stunning coast, whether for a brief outing or an extended adventure, with yachts ranging from 40 to 112 feet."*

### Life Beyond the Water

Michael Costa, along with his wife Stephanie and three children, enjoys traveling and watching their kids participate in various

sports, including soccer, baseball, and basketball. This balance of family, work, and leisure reflects the lifestyle SeaNet aims to provide for its clients.



For more information, visit [www.seanetco.com](http://www.seanetco.com). You can also follow SeaNet Yachts on social media:

- **LinkedIn:** SeaNet Company
- **Instagram & Facebook:** @seanetyachts
- **YouTube:** SeaNet Company @seanetyachts

Discover the ease and luxury of yacht ownership with SeaNet Yachts, where every journey on the water creates lasting memories.





# Converting Your Taxable IRAs to Tax-Free Roth IRAs

BY BRUCE D. BULLOCK, J.D.

We have concluded over 35 years and 2,000 family plans that the best retirement plan is risk-free, tax-free and guaranteed for the lives of both spouses.

That is because the vast majority of retirees fear running out of money. So they take no income at all! Their greatest expense is taxes at 32.5% state and federal combined, every year.

And many retirees have experienced crippling losses, 49% in 2000-2002, 40% in 2008-2009 and 22% in one day in 1986. The overall market dropped 20% in 2022 but "came back" 23% in 2023. But since it takes 25% to offset a 20% loss, at-risk accounts are still below zero for the two years not counting broker fees and expenses.

## How the Roth IRA Solves All Three Issues in Retirement

Tax-free Roth IRAs are seldom-used because the IRS makes them so difficult to fund. Contributions are limited to \$7,000 a year and many high earners can't qualify at all.

But one funding method allows unlimited amounts to go in and become tax-free, the Roth Conversion of existing IRAs, SEP-IRAs and any money in other plans like 401k, 403b or even deferred comp after age 59 ½ or separation from service.

## Leading Financial Institutions will now Offset All the Taxes!

Starting in 2023, interest rates skyrocketed over 100%. After years of bonds paying 2.5%, suddenly 10-year bonds reached 5% and higher. Some of the leading financial institutions in the country and the world are sitting on multi-billion dollar portfolios at 2.5% which take another decade to phase out. Some of these institutions have track records of over 100 years of safety and solvency.

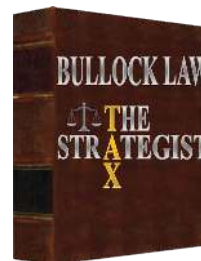
They are highly motivated to take in "new money", IRAs, CDs, brokerage accounts and Roth IRAs so all this can be used to buy billions of dollars of 5% bonds.

## Bonuses Wipe Out Taxes

A few of these companies will now credit first year bonuses and high interest rates that totally offset the taxes paid on a conversion.

The typical tax rate in California is 32.5% state and federal up to \$388,000 of taxable income for a couple. A new Roth is credited a 25% bonus and given a 7.5% fixed rate, 32.5% total.

That means a \$200,000 IRA becomes a \$265,000 Roth IRA in one year earning a minimum 7.5% fixed rate, so it earns \$20,000 a year tax-free.



## What Does My IRA Earn Now?

Whether in a fixed annuity or brokerage account retirees are told 4% is about the most you should take to avoid "running out of money". So a \$200,000 IRA,

if you take anything, pays \$8,000 per year with risk in the brokerage account plus broker fees and expenses. After 32.5% taxes, \$2,600, owners net \$5,400.

These new carriers would offset your conversion tax and pay three times that amount, guarantee it for life and you pay no taxes! The tax-free income can be \$15,000 to \$20,000 a year. You choose how much to withdraw.

And after 10 years, the income can be made to increase with a lifetime benefit that goes up every year until the second spouse dies.

## A Plan People Will Actually Use

With no risk, no taxes and a lifetime guarantee, Roth IRAs are now vehicles retirees will actually use. For what? Vacations, cruises, grandchildren, bucket list dreams... the way retirements should be lived.

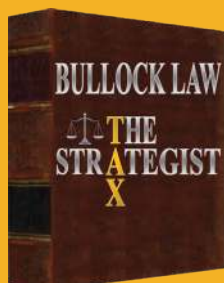
## Need Help?

We welcome you to take advantage of our 60-90 minute free consultation to learn if a Roth conversion is good common sense for your family's plans so you enjoy what you've set aside without risk, taxes, or worries about ever "running out of money".

## Why would you want to use a retirement planning tax strategist attorney to write a plan for your family? There are 14 compelling reasons.

### Some include:

- + To add 25% - 40% to any current savings you plan to use for present or future income.
- + Add 10 important health benefits that help in case of Alzheimer's, dementia, chronic and critical illness/disease.
- + To create a private plan that eliminates the IRS, Franchise Tax Board, market losses, age and contribution restrictions and makes every succeeding generation wealthier.
- + To double your current returns on retirement investments while eliminating market risks, fees, commissions and expenses. Never lose this money.
- + Offset, defer, or even avoid several million dollars in taxes on the sale of your luxury residence.
- + To have a major financial institution offset all the taxes on my Roth IRA conversion so my retirement funds become tax-free



Take advantage of a free 90-minute consultation to see if we can serve your family's cash flow and retirement concerns in ways other planners either do not or legally cannot.

Call Today: (888) 979-2326

# Regal Construction

Luxury Home Builder



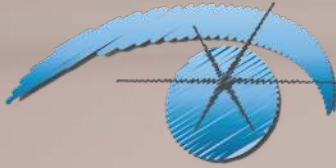
*Let's bring your dream to life.*  
CUSTOM HOMES REMODELS SPEC HOMES



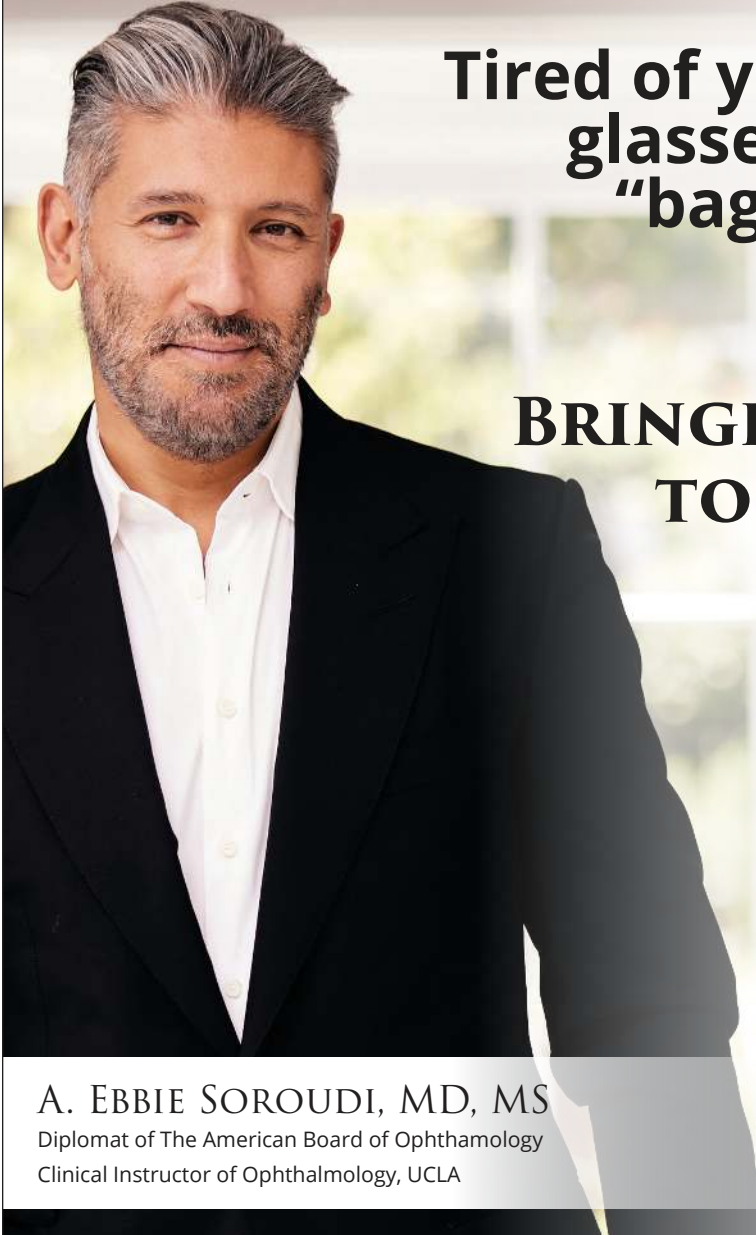
**Ben Matysuk**  
President &  
General Contractor



**Jose Alvarado**  
CEO & Director of  
Construction



# SOROUDI ADVANCED **LASIK & EYE** CENTERS



**Tired of your glasses, reading glasses, droopy eyelids or "bags" under your eyes?**

*We can totally help you!*

**BRINGING BEVERLY HILLS  
TO NEWPORT BEACH!**

## OUR SERVICES

DISTANCE VISION CORRECTION SURGERY (LASIK, PRK, IMPLANTABLE CONTACT LENSES)

NEAR ("READING") VISION CORRECTION SURGERY (TRIFOCAL LENS IMPLANTS)

ALL-LASER CATARACT/LENS REPLACEMENT SURGERY

EYELID PLASTIC ("OCULOPLASTIC") SURGERY

CORNEAL SURGERY (KERATOCONUS TREATMENT)

PTERYGIUM (EYE "WHITENING" SURGERY)

MINIMALLY INVASIVE GLAUCOMA SURGERY

RETINA (MACULAR DEGENERATION/DIABETES)

**A. EBBIE SOROUDI, MD, MS**

Diplomat of The American Board of Ophthalmology  
Clinical Instructor of Ophthalmology, UCLA



**(855) 818-2020 | [soroudivision.com](http://soroudivision.com)**

**info@soroudivision.com | 4340 Von Karman Avenue, Suite 230, Newport Beach**

# Intentionally Manage Time and Live the Future You Desire



BY GINA MAIER VINCENT

As the back-to-school season arrives, it's a poignant reminder of the value of intentional time management. Planning your day is a powerful act of setting intentions. Without a plan, *the life you aspire for won't unfold independently*; it can't be spontaneous. Consider this a call to reclaim control over your life, empowering you to shape a more refined existence.

Time is our precious resource — *the 24 abundant hours in your day*. Are you spending your time each day supporting your desires and values? (*Be honest.*) Comfort in being overscheduled might be a sign of avoidance, often tied to emotions. Overeating or over-scheduling are both tactics to push down feelings. If you find yourself constantly rushing, overwhelmed and unfulfilled, it might signal that your time isn't aligned with your values and desires.

Looking back, I often ran late in my twenties – I even tried setting my clock five minutes fast, *but it never worked*. Once when I was running late to meet a friend, a significant encounter with her changed my perspective. *She explained that she prided herself on always being early or on time*; I decided to embody the same mindset at that moment. This shift in my time management improved my punctuality and brought a sense of calm and control to my life.

Fast-forward to my late thirties, and while teaching the Yamas and Niyamas (ethical teachings of yoga), *the realization hit even harder*. The Yamas include Asteya—nonstealing. *Being late is essentially stealing someone else's time*. If you pride yourself on not stealing but have a reputation for being tardy, maybe it is time to reconsider. Beyond taking their time, *such actions send a message of undervaluing others*.

In intentional time management, *it is crucial to leave gaps between tasks, demonstrating respect for others' time*. Allow your day to *be flexible enough to let beautiful moments happen on their own*. Embrace this openness to welcome unexpected joys and unplanned interactions, valuing the time of others as much as your own.

Think of this as an invitation to leave room in your schedule for the unforeseen — the random messages from life during moments of reprieve or the opportunity to pause and refresh. *Let whatever wants to come to you flow freely*, unrestricted by an overly regimented agenda.

Be reasonable with your time, directing it towards what genuinely matters to you — *what you truly value and desire*. For example, if spending quality time with your family is a

value you hold dear, allocate enough time for it in your schedule. Such purposeful allocation ensures your life unfolds beautifully, fueled by intentionality.

Let's embark on this journey of purposeful living together, shaping a life that resonates with authenticity, beauty and deep fulfillment. This is not just about managing time; it's about unlocking your potential for a life of profound fulfillment.

**Take the first step to reclaim control over your time, values and desires. Connect with Gina at 949-409-5330 or visit [ExquisitelyAligned.com](http://ExquisitelyAligned.com).**

*It's time to live a future that aligns with your authentic self — one of purpose, beauty, and profound fulfillment.*

Do you ever find yourself wondering, "**Is this really all there is?**"

Are you ready to answer your unspoken desire for **MORE** from life?

Define & design the destiny you desire & deserve with fast & lasting, proven results...

**Exquisitely Aligned**™  
with  
Gina Maier Vincent,  
your personal soul shifter

[www.ExquisitelyAligned.com](http://www.ExquisitelyAligned.com)  
949-409-5330 [Gina@ExquisitelyAligned.com](mailto:Gina@ExquisitelyAligned.com)

# Understanding Psoriasis

BY DORCAS EAVES, MD, MARQUE URGENT CARE

August is psoriasis action month. Psoriasis affects more than 3% of the United States adult population. That is more than 7.5 million US adults!

## What is Psoriasis?

Psoriasis is a skin disease in which cells build up and form scales and itchy, dry patches. Normal skin cells completely grow and shed (fall off) in a month. With psoriasis, skin cells do this in only three or four days. Instead of shedding, the skin cells pile up on the surface of the skin. Some people report that psoriasis plaques itch, burn, and sting. Plaques and scales may appear on any part of the body, although they are commonly found on the elbows, knees, and scalp.

## Locations and Types

There are 5 types of psoriasis.

- 1. Plaque Psoriasis:** This is the most common type of psoriasis. The American Academy of Dermatology (AAD) estimates that about 80–90% of people with the condition have plaque psoriasis. It causes red, inflamed patches on light skin tones and purple or grayish color or darker brown patches on skin of color — making it harder to diagnose in people of color.
- 2. Erythrodermic Psoriasis:** A severe and very rare type of psoriasis. This form often covers large sections of your body at once. The skin almost appears sunburned. Scales that develop often slough off in large sections or sheets. It's not uncommon for you to run a fever or become very ill with this form of psoriasis.
- 3. Inverse Psoriasis:** Inverse psoriasis causes bright areas of red, shiny, inflamed skin. Patches of inverse psoriasis develop under your armpits or breasts, in your groin, or around skinfolds in your genitals.
- 4. Pustular Psoriasis:** Pustular psoriasis is more common in adults. It causes white, pus-filled blisters and broad areas of red or violet — depending on skin tone — inflamed skin. It can appear as a more intense violet color on darker skin tones. Pustular psoriasis is typically localized to smaller areas of your body, such as the hands or feet, but it can be widespread.



- 5. Guttate Psoriasis:** Guttate psoriasis commonly occurs in childhood. This type of psoriasis causes small pink or violet spots. The most common sites for guttate psoriasis include your torso, arms and legs. These spots are rarely thick or raised like plaque psoriasis.

## What are the Symptoms?

Psoriasis symptoms differ from person to person and depend on the type of psoriasis you have, such as dry skin that may crack and bleed or whitish or silver patches or scales that are itchy and burn

Areas of psoriasis can be as small as a few flakes on your scalp or elbow, or cover the majority of your body. Most people with psoriasis go through “cycles” of symptoms. The condition may cause severe symptoms for a few days or weeks, and then the symptoms may clear up and be almost unnoticeable.

## Causes and Treatments

Doctors are unclear as to what causes psoriasis. However, thanks to decades of research, they have a general idea of two key factors:

- 1. A person's immune system**
- 2. Genetics**

Unfortunately psoriasis is incurable, though there are treatments to help with symptoms and outbreaks. Treatments typically fall into 3 categories:

- 1. Topical:** Creams and ointments can be applied directly to the skin and affected areas.
- 2. Systemic medications:** People with moderate to severe psoriasis, and those who have not responded well to other treatment types, may need to use oral or injected medications.
- 3. Light therapy:** This psoriasis treatment uses ultraviolet (UV) or natural light. Sunlight kills the overactive white blood cells that attack healthy skin cells and cause rapid cell growth. Both UVA and UVB light may help reduce symptoms of mild to moderate psoriasis.

If you or a loved one is suffering from psoriasis or may be suffering from it, please see a medical professional. They can biopsy or check your skin to diagnose it properly.

2075 San Joaquin Hills Rd, Newport Beach, CA 92660  
www.marquemedical.com | IG: @marqueurgentcare



# MARQUE URGENT CARE

www.MarqueUrgentCare.com • 1-877-MY-DOC-NOW (693-6266)

## Caring for Newport Beach Since 2010

See Us In-Person or Virtually!



Located in Newport Beach!  
2075 San Joaquin Hills Road

- ✔ Sport Injuries & Physicals
- ✔ Cough & Sore Throat
- ✔ Fractures & Sprains
- ✔ Fever, Earache, & Rashes
- ✔ Flu, Cold, & Bronchitis
- 🏥 PEDIATRIC VISITS BY CHOC

and more...



**WELLNESS EXAMS ILLNESSES & INJURIES**

**DEVELOPING STUDENTS WITH WORLD-SIZED HEARTS & WORLD-CLASS MINDS FOR 30 YEARS.**

St. Mary's School prepares our students to become courageous, caring, global citizens today and enlightened leaders of tomorrow.

APPLY, SCHEDULE A TOUR OR FOR MORE INFORMATION VISIT  
**www.smaa.org**

**ST. MARY'S SCHOOL**  
World-sized hearts. World-class minds.

©Copyright 2024, St. Mary's School, Aliso Viejo. Facilities #304270042

# Luxe Scout Travel's Insider Guide to Aspen

BY LISA JONSSON



Aspen - the very name evokes images of a winter wonderland with snow-capped peaks and world-class skiing, but Aspen is a gem year-round. Despite its glamorous shops and five-star accommodations, Aspen still embraces its mining town roots and independent spirit, giving it a distinctly Western feel. Cowboy hats and boots are standard attire. You'll find it's surprisingly small and friendly for its vast reputation. With direct two-hour flights from LAX, getting there is a breeze.

## Why go?

Through September, Aspen celebrates summer with a packed calendar of events focused on art, music and gastronomy. The Aspen Music Festival, running from late June to mid-August, is a high-light, featuring free concerts, recitals and masterclasses by world-renowned musicians. Foodies flock to the Food & Wine Classic, a multiday event that showcases the best in culinary arts.

If you're still considering a Labor Day getaway, don't miss the Aspen Jazz Festival. The 3-day event is an outdoor, music-lovers extravaganza. This year, the lineup includes Sting, One Republic, Tim McGraw,



Brandi Carlile and many others. Tickets can be purchased for single days, allowing you to tailor your experience to your schedule. If large events aren't your thing, Aspen offers plenty of free music and small-scale events almost every day in summer.

Aspen also offers an array of activities for outdoor enthusiasts, including horseback riding, fly-fishing and paintballing. The surrounding White River National Forest provides an extensive network of hiking and biking trails, perfect for exploring the area's stunning natural beauty. For something low-key, ride up the Silver Queen Gondola to take in the majestic views and some local music. No trip to Aspen in the summer would be complete without a visit to the Maroon Bells. These iconic twin peaks offer breathtaking views, and while no hiking is required to enjoy their beauty, reservations are needed to access the area. Aspen is as kid-friendly and dog-friendly as they come. Most hotels allow dogs (and not just small ones). Fret not about entertaining the kids all day - Aspen offers single-day summer camps for ages 3-14.

## Where to Stay

My personal favorite, the **St. Regis Aspen Resort**, brings hospitality to an entirely new level and is ideally located within walking distance of just about everything. The hotel's resident mascot, a Bernese Mountain dog named Kitty, can often be found lounging in the lobby, adding a touch of homey charm to the elegant surroundings. Mountain Social Bar & Lounge is the heart of the hotel - offering guests a living room style spot to see and be seen. Don't miss the daily champagne sabering!

For a more modern and vibrant atmosphere, **The W Aspen** offers cool décor and a lively social scene. They offer connecting bunk-style rooms for those traveling in groups or with kids. The W's rooftop pool offers guests (21+) themed pool parties, live DJ performances, and refreshing cocktails while soaking up the sun.



**Hotel Jerome, an Auberge Resort**, has been a local landmark since 1889. If you want to immerse yourself in the spirit of the Wild West without giving up 5-star accommodations and gastronomy, look no further. Don't miss **Bad Harriet**, the hotel's chic speakeasy-style bar located in the historic Aspen Times building, perfect for craft cocktails and a sophisticated ambiance.

**Where to Eat**

There is no shortage of fabulous restaurants in Aspen. One of the best meals I had on my last visit was at **Catch Steakhouse**. Begin your meal with oysters or sushi, but be sure to save room for the main attraction: the meat. Choose from Japanese wagyu cooked tableside or sharable large cuts like a 40-ounce tomahawk. Dine outside by the fire with stunning views of Aspen Mountain. For lunch or dinner, check out

**French Alpine Bistro**. The sharable fondue was an indulgent highlight of our trip. Don't skip **West End Social!** We loved the sweeping views of the Rockies, craft cocktails, and its new sharable menu, especially the Colorado Lamb "Takaki."

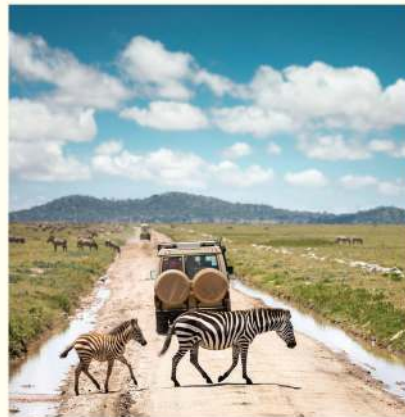
If you like Aspen in Winter, you'll love it in summer. Every season offers something unique, making it a perfect destination no matter when you visit. Don't miss out on the chance to bask in Aspen's summer splendor—book your Labor Day escape today! And if a ski trip is on your mind, remember it's never too early to start planning.

*For personalized travel planning assistance, contact our partner and luxury travel specialist, Lisa Jonsson, founder of Luxe Scout Travel.*

[www.luxescouttravel.com](http://www.luxescouttravel.com) | IG @LuxeScoutTravel

# LUXE SCOUT TRAVEL

GIVE YOUR KIDS THE WORLD



Luxe Scout is a boutique firm that specializes in bespoke family and group travel. We scout out the best destinations and experiences so that everyone in your group finds their paradise. Whether you are looking to plan a week-end getaway or an intercontinental adventure, we are here to help with complimentary upgrades and exclusive experiences.



@LuxeScoutTravel

LuxeScoutTravel.com

Lisa@LuxeScoutTravel.com



an independent affiliate of Uniglobe Travel Center—a Virtuoso® Member

# BEYOND

Med Spa & Wellness Center



Orange County's #1  
Home for Aesthetic  
and Wellness Care

Allyson Berkey, M.D.

## Curious About Regenerative Medicine & Cellular Therapy?

Discover what Stem Cells and Exosomes can do for you!

Schedule a Complimentary Consult Today and learn more about Cellular Therapy, Reverse-Aging and Optimizing Your Health with Local Expert and Board Certified Regenerative Physician Allyson Berkey, M.D.

**Beyond Med Spa & Wellness Center**  
1501 Westcliff Dr, Suite 301 | Newport Beach  
CALL: 949.270.6789 | TEXT: 949.430.9963

[www.beyondnewport.com](http://www.beyondnewport.com)

# SUCCESS IS HOT. GET DRENCHED.

The first and only fitness studio offering hot reformer Pilates in Newport Beach.



\$99 New Client Special

**30 DAYS**  
of Unlimited Classes



949-763-0904 | [drenchedoc.com](http://drenchedoc.com) | IG @drenchedoc  
230 Newport Center Dr #230, Newport Beach



## Catch health conditions before they become crises.

Radiation-free full-body MRI scan, detects 500+ conditions from appendicitis to aneurysms, cancers to cysts — in less than 60 minutes.



Book your scan using the  
QR code and get \$300 off

### Prenuvo Los Angeles

📍 Suite 150, 12100 Wilshire Blvd  
Los Angeles, CA

☎ 833 773 6886

[prenuvo.com](http://prenuvo.com)



# A Second Opinion Can Save Your Life

## Consult With Our Cancer Experts

If you have cancer, you have options. But deciding which approach is best for you can be difficult.

As recognized leaders in cancer research, our team of specialists has been providing leading-edge treatment options to OC patients for years.

When you meet with us, we'll review your results and work with you to develop a plan to target your specific cancer — providing the reassurance you need to know you've made the right choice.

**Together we are limitless.**



ONE OF THE NATION'S TOP 15 CANCER PROGRAMS

For More Information  
[KeckMedicine.org/secondopinion](https://KeckMedicine.org/secondopinion)

**(949) 516-0822**



**USC** Norris  
Comprehensive  
Cancer Center  
Keck Medicine of **USC**



# Newport Beach Living

1010

## PURE ELEMENTS

CRYSTAL CLEAR, HEALTHY WATER EVERYWHERE

# SAVE 20%

Pure Elements is Offering Substantial Savings!

**20% Off on All Custom-Designed Systems**

for a limited time. Your water will taste and feel better, satisfaction guaranteed! Less cleaning chores and prevent pinhole leaks. Now is the time to take control and enjoy **your own unlimited supply of healthy, safe water** throughout your home and property. Safety protocols are followed to protect your family and our team.



*Healthy, Safe Water from Every Faucet!*

SERVING THE COMMUNITY SINCE 1979

Call Today for your Personalized Solution

**949-867-7418**  
[www.pureelementswater.com](http://www.pureelementswater.com)



GRAVITI FITNESS

[www.GravitiFitness.com](http://www.GravitiFitness.com)

 @Graviti\_Fitness

**949-616-5924**

3419 E. Coast Hwy Corona del Mar



SAUNA



24/7



PERSONAL TRAINING



COLD PLUNGE